

26:25-1

LEGISLATIVE HISTORY CHECKLIST

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(Health Care Quality Act)

NJSA: 26:2~~X~~^S-1 to 26:2~~X~~^S-18 et al

LAWS OF: 1997 CHAPTER: 192

BILL NO: S269

SPONSOR(S): Sinagra and Matheussen

DATE INTRODUCED: Pre-filed

COMMITTEE: ASSEMBLY: ---
SENATE: Health

AMENDED DURING PASSAGE: No Senate Committee Substitute enacted (2R)

DATE OF PASSAGE: ASSEMBLY: June 23, 1997
SENATE: May 22, 1996

DATE OF APPROVAL: August 7, 1997

FOLLOWING STATEMENTS ARE ATTACHED IF AVAILABLE:

SPONSOR STATEMENT: Yes Also attached: statements with floor amendments, adopted 5-22-97 & 6-19-97

COMMITTEE STATEMENT: ASSEMBLY: No
SENATE: Yes 3-14-96 & 3-10-97

FISCAL NOTE: No

VETO MESSAGE: No

MESSAGE ON SIGNING: Yes

FOLLOWING WERE PRINTED:

REPORTS: No

HEARINGS: No

See newspaper clippings--attached:

"A prescription for change," 8-8-97, Asbury Park Press.

"HMO law aids NJ patients," 8-8-97, Atlantic City Press.

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[Second Reprint]

SENATE COMMITTEE SUBSTITUTE FOR
SENATE, No. 269

STATE OF NEW JERSEY

ADOPTED MARCH 10, 1997

Sponsored by Senators SINAGRA, MATHEUSSEN, Singer,
Bassano, Rice, Codey, MacInnes, LaRossa, Adler, Casey,
McGreevey, McNamara, Kenny, Lynch, Zane, Inverso,
Bennett, Ciesla, Cardinale, Bubba, Scott, Lesniak,
Kosco and Cafiero

1 AN ACT concerning patient protections under health benefits plans,
2 supplementing Titles 26, 17 and 34 of the Revised Statutes and
3 Title 17B of the New Jersey Statutes, amending and supplementing
4 P.L.1973, c.337 and amending P.L.1992, c.160.

5

6 **BE IT ENACTED** by the Senate and General Assembly of the State
7 of New Jersey:

8

9 1. This act shall be known and may be cited as the "Health Care
10 Quality Act."

11

12 2. (New section) As used in sections 2 through 19 of this act:
13 "Carrier" means an insurance company, health service corporation,
14 hospital service corporation, medical service corporation or health
15 maintenance organization authorized to issue health benefits plans in
16 this State.

17 "Commissioner" means the Commissioner of Health and Senior
18 Services.

19 "Contract holder" means an employer or organization that
20 purchases a contract for services.

21 "Covered person" means a person on whose behalf a carrier
22 offering the plan is obligated to pay benefits or provide services

EXPLANATION - Matter enclosed in bold-faced brackets [thus] in the above bill is not enacted and is intended to be omitted in the law.

Matter underlined thus is new matter.

Matter enclosed in superscript numerals has been adopted as follows:

¹ Senate floor amendments adopted May 22, 1997.

² Assembly floor amendments adopted June 19, 1997.

1 pursuant to the health benefits plan.

2 "Covered service" means a health care service provided to a
3 covered person under a health benefits plan for which the carrier is
4 obligated to pay benefits or provide services.

5 "Department" means the Department of Health and Senior
6 Services.

7 "Health benefits plan" means a benefits plan which pays or
8 provides hospital and medical expense benefits for covered services,
9 and is delivered or issued for delivery in this State by or through a
10 carrier. Health benefits plan includes, but is not limited to, Medicare
11 supplement coverage and risk contracts to the extent not otherwise
12 prohibited by federal law. For the purposes of this act, health benefits
13 plan shall not include the following plans, policies or contracts:
14 accident only, credit, disability, long-term care, CHAMPUS
15 supplement coverage, coverage arising out of a workers' compensation
16 or similar law, automobile medical payment insurance, personal injury
17 protection insurance issued pursuant to P.L.1972, c.70 (C.39:6A-1 et
18 seq.) or hospital confinement indemnity coverage.

19 "Health care provider" means an individual or entity which, acting
20 within the scope of its licensure or certification, provides a covered
21 service defined by the health benefits plan. Health care provider
22 includes, but is not limited to, a physician and other health care
23 professionals licensed pursuant to Title 45 of the Revised Statutes, and
24 a hospital and other health care facilities licensed pursuant to Title 26
25 of the Revised Statutes.

26 "Independent utilization review organization" means an
27 independent entity comprised of physicians and other health care
28 professionals who are representative of the active practitioners in the
29 area in which the organization will operate and which is under contract
30 with the department to provide medical necessity or appropriateness
31 of services appeal reviews pursuant to this act.

32 "Managed care plan" means a health benefits plan that integrates
33 the financing and delivery of appropriate health care services to
34 covered persons by arrangements with participating providers, who are
35 selected to participate on the basis of explicit standards, to furnish a
36 comprehensive set of health care services and financial incentives for
37 covered persons to use the participating providers and procedures
38 provided for in the plan.

39 "Subscriber" means, in the case of a group contract, a person
40 whose employment or other status, except family status, is the basis
41 for eligibility for enrollment by the carrier or, in the case of an
42 individual contract, the person in whose name the contract is issued.

43 "Utilization management" means a system for reviewing the
44 appropriate and efficient allocation of health care services under a
45 health benefits plan according to specified guidelines, in order to
46 recommend or determine whether, or to what extent, a health care

1 service given or proposed to be given to a covered person should or
2 will be reimbursed, covered, paid for, or otherwise provided under the
3 health benefits plan. The system may include: preadmission
4 certification, the application of practice guidelines, continued stay
5 review, discharge planning, preauthorization of ambulatory care
6 procedures and retrospective review.

7

8 3. (New section) a. A carrier which offers a health benefits plan
9 to residents of this State on the effective date of this act, shall file a
10 form, as prescribed by the commissioner, with the department within
11 90 days of the effective date of this act and file a copy of the form with
12 the Department of Banking and Insurance. A carrier authorized to
13 issue health benefits plans in this State after the effective date of this
14 act shall file a form with the department at least 30 days prior to the
15 date the carrier will begin to offer a health benefits plan to residents of
16 this State. The carrier shall file a copy of the form with the
17 Department of Banking and Insurance. A carrier shall notify the
18 department within 10 business days of any change in information
19 provided on the form.

20 b. The commissioner shall establish a form for carriers which shall
21 request, at a minimum:

22 (1) the official address and telephone number of the place of
23 business of the carrier; and

24 (2) a description of the carrier's internal patient appeals process
25 available to covered persons to contest a denial, reduction or
26 termination of benefits, if any.

27 c. A health maintenance organization which holds a certificate of
28 authority pursuant to P.L.1973, c.337 (C.26:2J-1 et seq.) shall be
29 exempt from the filing requirements of this section but shall comply
30 with the provisions of this act.

31 A health maintenance organization shall be required to comply with
32 the provisions of P.L.1973, c.337 (C.26:2J-1 et seq.) and any rules and
33 regulations adopted pursuant thereto, except that in the event that the
34 provisions of this act conflict with the provisions of P.L.1973, c.337,
35 the provisions of this act shall supercede the provisions of P.L.1973,
36 c.337.

37 d. A carrier which issues health benefits plans utilizing a selective
38 contracting arrangement pursuant to section 22 of P.L.1993, c.162
39 (C.17B:27A-54) shall be required to comply with the provisions of
40 section 22 of P.L.1993, c.162 and any rules and regulations adopted
41 pursuant thereto, except that in the event that the provisions of this act
42 conflict with the provisions of section 22 of P.L.1993, c.162, the
43 provisions of this act shall supercede the provisions of section 22 of
44 P.L.1993, c.162.

45

46 4. (New section) A carrier shall disclose in writing to a

1 subscriber, in a manner consistent with the "Life and Health Insurance
2 Policy Language Simplification Act," P.L.1979, c.167 (C.17B:17-17
3 et seq.), the terms and conditions of its health benefits plan, and shall
4 promptly provide the subscriber with written notification of any
5 change in the terms and conditions prior to the effective date of the
6 change. The carrier shall provide the required information at the time
7 of enrollment and upon request thereafter.

8 a. The information required to be disclosed pursuant to this
9 section shall include a description of:

10 (1) covered services and benefits to which the subscriber or other
11 covered person is entitled;

12 (2) restrictions or limitations on covered services and benefits,
13 including, but not limited to, physical and occupational therapy
14 services, clinical laboratory tests, hospital and surgical procedures,
15 prescription drugs and biologics, radiological examinations and
16 behavioral health services;

17 (3) financial responsibility of the covered person, including
18 copayments and deductibles;

19 (4) prior authorization and any other review requirements with
20 respect to accessing covered services;

21 (5) where and in what manner covered services may be obtained;

22 (6) changes in covered services or benefits, including any addition,
23 reduction or elimination of specific services or benefits;

24 (7) the covered person's right to appeal and the procedure for
25 initiating an appeal of a utilization management decision made by or
26 on behalf of the carrier with respect to the denial, reduction or
27 termination of a health care benefit or the denial of payment for a
28 health care service;

29 (8) the procedure to initiate an appeal through the Independent
30 Health Care Appeals Program established pursuant to this act; and

31 (9) such other information as the commissioner shall require.

32 b. The carrier shall file the information required pursuant to this
33 section with the department.

34
35 5. (New section) a. In addition to the disclosure requirements
36 provided in section 4 of this act, a carrier which offers a managed care
37 plan shall disclose to a subscriber, in writing, in a manner consistent
38 with the "Life and Health Insurance Policy Language Simplification
39 Act," P.L.1979, c.167 (C.17B:17-17 et seq.), the following
40 information at the time of enrollment and annually thereafter:

41 (1) A current participating provider directory providing
42 information on a covered person's access to primary care physicians
43 and specialists, including the number of available participating
44 physicians, by provider category or specialty and by county. The
45 directory shall include the professional office address of a primary care
46 physician and any hospital affiliation the primary care physician has.

1 The directory shall also provide information about participating
2 hospitals.

3 The carrier shall promptly notify each covered person prior to the
4 termination or withdrawal from the carrier's provider network of the
5 covered person's primary care physician;

6 (2) General information about the financial incentives between
7 participating physicians under contract with the carrier and other
8 participating health care providers and facilities to which the
9 participating physicians refer their managed care patients;

10 (3) The percentage of the carrier's managed care plan's network
11 physicians who are board certified;

12 (4) The carrier's managed care plan's standard for customary
13 waiting times for appointments for urgent and routine care; and

14 (5) The availability through the department, upon request of a
15 member of the general public, of independent consumer satisfaction
16 survey results and an analysis of quality outcomes of health care
17 services of managed care plans in the State.

18 The carrier shall provide a prospective subscriber with information
19 about the provider network, including hospital affiliations, and other
20 information specified in this subsection, upon request.

21 b. Upon request of a covered person, a carrier shall promptly
22 inform the person:

23 (1) whether a particular network physician is board certified; and

24 (2) whether a particular network physician is currently accepting
25 new patients.

26 c. The carrier shall file the information required pursuant to this
27 section with the department.

28

29 6. (New section) a. A carrier which offers a managed care plan
30 or uses a utilization management system in any of its health benefits
31 plans shall designate a licensed physician to serve as medical director.
32 The medical director, or his designee, shall be designated to serve as
33 the medical director for medical services provided to covered persons
34 in the State and shall be licensed to practice medicine in New Jersey.

35 The medical director shall be responsible for treatment policies,
36 protocols, quality assurance activities and utilization management
37 decisions of the carrier. The treatment policies, protocols, quality
38 assurance program and utilization management decisions of the carrier
39 shall be based on generally accepted standards of health care practice.
40 The quality assurance and utilization management programs shall be
41 in accordance with standards adopted by regulation of the department
42 pursuant to this act.

43 b. The medical director shall ensure that:

44 (1) Any utilization management decision to deny, reduce or
45 terminate a health care benefit or to deny payment for a health care
46 service, because that service is not medically necessary, shall be made

1 by a physician. In the case of a health care service prescribed or
2 provided by a dentist, the decision shall be made by a dentist;

3 (2) A utilization management decision shall not retrospectively
4 deny coverage for health care services provided to a covered person
5 when prior approval has been obtained from the carrier for those
6 services, unless the approval was based upon fraudulent information
7 submitted by the covered person or the participating provider;

8 (3) In the case of a managed care plan, a procedure is
9 implemented whereby participating physicians and dentists have an
10 opportunity to review and comment on all medical and surgical and
11 dental protocols, respectively, of the carrier;

12 (4) The utilization management program is available on a 24-hour
13 basis to respond to authorization requests for emergency and urgent
14 services and is available, at a minimum, during normal working hours
15 for inquiries and authorization requests for nonurgent health care
16 services; and

17 (5) In the case of a managed care plan, a covered person is
18 permitted to: choose or change a primary care physician from among
19 participating providers in the provider network, and, when
20 appropriate, choose a specialist from among participating network
21 providers following an authorized referral, if required by the carrier,
22 and subject to the ability of the specialist to accept new patients.

23

24 7. (New section) Each application for participation 'by a licensed
25 health care professional that is submitted'¹ to a carrier which offers a
26 managed care plan shall be reviewed by a committee of the carrier that
27 includes appropriate representation of health care professionals with
28 knowledge in the applicant's scope of professional practice.

29

30 8. (New section) A carrier which offers a managed care plan shall
31 establish a policy governing removal of health care providers from the
32 provider network which includes the following:

33 a. The carrier shall inform a participating health care provider of
34 the carrier's removal policy at the time the carrier contracts with the
35 health care provider to participate in the provider network, and at each
36 renewal thereof.

37 b. If a licensed health care professional's participation will be
38 terminated prior to the date of the termination of the contract, the
39 carrier shall provide the health care professional with 90-days written
40 notice of the termination and notice of a right to a hearing. If
41 requested by the health care professional, the carrier shall provide the
42 reasons for the termination in writing, and shall hold a hearing within
43 30 days of the date of the request. The hearing shall be conducted by
44 a panel appointed by the carrier, which panel shall be comprised of a
45 minimum of three persons, at least one of whom is a clinical peer in
46 the same discipline and the same or similar specialty as the health care

1 professional being reviewed. The panel shall make a decision that: (1)
2 the health care professional shall be terminated, or (2) the health care
3 professional shall be reinstated or provisionally reinstated, subject to
4 conditions set forth by the panel. The panel's determination shall be
5 in writing and shall be made in a timely manner. Participation in this
6 process shall not be deemed to be an abrogation of the health care
7 professional's legal rights.

8 The notice required and opportunity for a hearing pursuant to this
9 subsection shall not apply in those cases when the contract expires and
10 is not renewed, the termination is for breach of contract, in the opinion
11 of the medical director, the health care professional represents an
12 imminent danger to an individual patient or the public health, safety or
13 welfare, or there is a determination of fraud.

14 c. If the carrier finds that a health care professional represents an
15 imminent danger to an individual patient or to the public health, safety
16 or welfare, the medical director shall promptly notify the appropriate
17 professional State licensing board. Notification to the State Board of
18 Medical Examiners shall be subject to the provisions of section 5 of
19 P.L.1989, c.300 (C.45:9-19.5).

20
21 9. (New section) The contract between a participating health care
22 provider and a carrier which offers a managed care plan:

23 a. Shall state that the health care provider shall not be penalized
24 or the contract terminated by the carrier because the health care
25 provider acts as an advocate for the patient in seeking appropriate,
26 medically necessary ¹【covered】¹ health care services;

27 b. Shall not provide financial incentives to the health care provider
28 for withholding covered health care services that are medically
29 necessary ¹【, in the opinion of the medical director】¹ ²as determined
30 in accordance with section 6 of this act, except that nothing in this
31 subsection shall be construed to limit the use of capitated payment
32 arrangements between a carrier and a health care provider²; and

33 c. Shall protect the ability of a health care provider to
34 communicate openly with a patient about all appropriate diagnostic
35 testing and treatment options.

36
37
38 10. (New section) a. A carrier which offers a managed care plan
39 shall offer a point-of-service plan ¹【rider】¹ to every contract holder
40 which would allow a covered person to receive covered services from
41 out-of-network health care providers without having to obtain a
42 referral or prior authorization from the carrier. The point-of-service
43 plan ¹【rider】¹ may require that a subscriber pay a higher deductible or
44 copayment and higher premium for the plan ¹【rider】¹, pursuant to
45 limits established by the department, in consultation with the
46 Department of Banking and Insurance, by regulation.

1 b. A carrier shall provide each subscriber in a plan whose contract
2 holder elects the point-of-service plan ¹['rider']¹, with the opportunity,
3 at the time of enrollment and during the annual open enrollment
4 period, to enroll in the point-of-service plan option. The carrier shall
5 provide written notice of the point-of-service plan ¹['rider']¹ to each
6 subscriber in a plan whose contract holder elects the point-of-service
7 ¹['rider'] plan¹ and shall include in that notice a detailed explanation of
8 the financial costs to be incurred by a subscriber who selects that plan
9 ¹['rider']¹.

10 c. The requirements of this section shall not apply to a carrier
11 contract which offers a managed care plan that provides health care
12 services to Medicaid recipients pursuant to P.L.1968, c.413 (C.30:4D-
13 1 et seq.), or a ¹['carrier which offers a managed care plan that has
14 been in operation in this State for less than three years']federally
15 qualified, nonprofit health maintenance organization¹.

16 ¹d. A carrier which offers a managed care plan utilizing a selective
17 contracting arrangement approved in accordance with N.J.A.C.11:4-
18 37.1 et seq. that provides benefits for out-of-network providers shall
19 be deemed to be in compliance with this section.

20 e. A health maintenance organization affiliated with an insurance
21 company authorized to issue health benefits plans in this State that
22 offers point-of-service benefits exclusively through a point-of-service
23 plan provided by the affiliated insurance company using a selective
24 contracting arrangement approved in accordance with N.J.A.C.11:4-
25 37.1 et seq., shall be deemed to be in compliance with this section if
26 the point-of-service plan is offered pursuant to the requirements of
27 subsections a. and b.of this section.¹

28
29 11. (New section) There is established the Independent Health
30 Care Appeals Program in the department.

31 The purpose of the appeals program is to provide an independent
32 medical necessity or appropriateness of services review of final
33 decisions by carriers to deny, reduce or terminate benefits in the event
34 the final decision is contested by the covered person. The appeal
35 review shall not include any decisions regarding ¹['pharmaceutical
36 products or']¹ benefits not covered by the covered person's health
37 benefits plan.

38 a. A covered person may apply to the Independent Health Care
39 Appeals Program for a review of a decision to deny, reduce or
40 terminate a benefit ¹['other than pharmaceutical products']¹ if the
41 person has already completed the carrier's appeals process, if any, and
42 the person contests the final decision by the carrier. The person shall
43 apply to the department within 60 days of the date the final decision
44 was issued by the carrier, in a manner determined by the
45 commissioner.

1 b. As part of the application, the covered person shall provide the
2 department with:

- 3 (1) The name and business address of the carrier;
4 (2) A brief description of the covered person's medical condition
5 for which benefits were denied, reduced or terminated;
6 (3) A copy of any information provided by the carrier regarding
7 its decision to deny, reduce or terminate the benefit; and
8 (4) A written consent to obtain any necessary medical records
9 from the carrier and, in the case of a carrier which offers a managed
10 care plan, any other out-of-network physician the person may have
11 consulted on the matter.

12 c. The covered person shall pay the department an application
13 processing fee of \$25, except that the commissioner may reduce or
14 waive the fee in the case of financial hardship.

15

16 12. (New section) a. The commissioner shall contract with one
17 or more independent utilization review organizations in the State that
18 meet the requirements of this act to conduct the appeal reviews. The
19 independent utilization review organization shall be independent of any
20 carrier. The commissioner may establish additional requirements,
21 including conflict of interest standards, consistent with the purposes
22 of this act that an organization shall meet in order to qualify for
23 participation in the Independent Health Care Appeals Program.

24 b. The commissioner shall establish procedures for transmitting
25 the completed application for an appeal review to the independent
26 utilization review organization.

27 c. The independent utilization review organization shall promptly
28 review the pertinent medical records of the covered person to
29 determine the appropriate, medically necessary health care services the
30 person should receive, based on ¹~~['available'] applicable, generally~~
31 ~~accepted¹~~ practice guidelines ¹~~['], including those¹~~
32 ~~federal government, national or¹~~ professional medical societies, boards
33 or associations ¹~~and any applicable clinical protocols or practice~~
34 ~~guidelines developed by the carrier¹~~. The organization shall complete
35 its review and make its determination within 90 days of receipt of a
36 completed application for an appeal review or within less time, as
37 prescribed by the commissioner.

38 Upon completion of the review, the organization shall state its
39 findings in writing and make a determination of whether the carrier's
40 denial, reduction or termination of benefits deprived the covered
41 person of medically necessary services covered by the person's health
42 benefits plan. If the organization determines that the denial, reduction
43 or termination of benefits deprived the person of medically necessary
44 covered services, it shall make a recommendation to the covered
45 person and carrier regarding the appropriate, medically necessary
46 health care services the person should receive. Upon receiving the

1 organization's recommendation, the carrier shall promptly notify the
2 covered person and the commissioner about what action the carrier
3 will take with respect to the recommendation. If the covered person
4 is not in agreement with the organization's findings and
5 recommendation or the carrier's action on the recommendation, the
6 person may seek the desired health care services outside of his health
7 benefits plan, at his own expense.

8 d. If the commissioner determines that a carrier exhibits a pattern
9 of noncompliance with the findings and recommendations of an
10 independent utilization review organization, the commissioner shall
11 review the carrier's utilization management program to ensure that the
12 carrier is in compliance with all relevant State laws and regulations,
13 including utilization management standards. If the commissioner
14 determines that the carrier is in violation of patient rights and other
15 applicable regulations, the commissioner may impose such penalties
16 and sanctions on the carrier, as provided by regulation, as the
17 commissioner deems appropriate.

18 e. The commissioner shall require the independent utilization
19 review organization to establish procedures to provide for an
20 expedited review of a carrier's denial, reduction or termination of a
21 benefit decision when a delay in receipt of the service could seriously
22 jeopardize the health or well-being of the covered person.

23 f. The covered person's medical records provided to the
24 Independent Health Care Appeals Program and the independent
25 utilization review organization and the findings and recommendations
26 of the organization made pursuant to this act are confidential and shall
27 be used only by the department, the organization and the affected
28 carrier for the purposes of this act. The medical records and findings
29 and recommendations shall not otherwise be divulged or made public
30 so as to disclose the identity of any person to whom they relate, and
31 shall not be included under materials available to public inspection
32 pursuant to P.L.1963, c.73 (C.47:1A-1 et seq.).

33 g. The commissioner shall establish a reasonable, per case
34 reimbursement schedule for the independent utilization review
35 organization.

36 h. The cost of the appeal review shall be borne by the carrier
37 pursuant to a schedule of fees established by the commissioner.

38
39 13. (New section) a. An employee of the department who
40 participates in the Independent Health Care Appeals Program shall not
41 be liable in any action for damages to any person for any action taken
42 within the scope of his function in the Independent Health Care
43 Appeals Program. The Attorney General shall defend the person in
44 any civil suit and the State shall provide indemnification for any
45 damages awarded.

46 b. The carrier that is the subject of a review shall not be liable in

1 any action for damages to any person for any action taken to
2 implement a recommendation of the independent utilization review
3 organization pursuant to this act.

4
5 14. (New section) The commissioner shall report every six months
6 to the Senate and General Assembly standing reference committees on
7 health and insurance and to the Governor on the status of the
8 Independent Health Care Appeals Program. The report shall include
9 a summary of the number of reviews conducted and medical specialties
10 affected, a summary of the findings and recommendations made by the
11 independent utilization review organization, any actions taken by the
12 commissioner against a carrier pursuant to subsection d. of section 12
13 of this act and any other information and recommendations deemed
14 appropriate by the commissioner.

15
16 15. (New section) a. A carrier which offers a managed care plan
17 shall comply with department reporting requirements with respect to
18 quality outcomes measures of health care services and independent
19 consumer satisfaction surveys.

20 b. The department shall make available to members of the general
21 public, upon request, the results of the independent consumer
22 satisfaction survey and the analysis of quality outcomes measures of
23 health care services provided by managed care plans in the State,
24 prepared by the department.

25
26 16. (New section) a. A carrier that violates any provision of this
27 act shall be liable to a civil penalty of not less than \$250 and not
28 greater than \$10,000 for each day that the carrier is in violation of the
29 act if reasonable notice in writing is given of the intent to levy the
30 penalty and, at the discretion of the commissioner, the carrier has 30
31 days, or such additional time as the commissioner shall determine to
32 be reasonable, to remedy the condition which gave rise to the
33 violation, and fails to do so within the time allowed. The penalty shall
34 be collected by the commissioner in the name of the State in a
35 summary proceeding in accordance with "the penalty enforcement
36 law," N.J.S.2A:58-1 et seq.

37 b. (1) The commissioner or the Commissioner of Banking and
38 Insurance may issue an order directing a carrier or a representative of
39 a carrier to cease and desist from engaging in any act or practice in
40 violation of the provisions of this act.

41 (2) Within 20 days after service of the order of cease and desist,
42 the respondent may request a hearing on the question of whether acts
43 or practices in violation of this act have occurred. The hearing shall
44 be conducted pursuant to the "Administrative Procedure Act,"
45 P.L.1968, c.410 (C.52:14B-1 et seq.) and judicial review shall be
46 available as provided therein.

1 c. In the case of any violation of the provisions of this act, if the
2 commissioner elects not to issue a cease and desist order, or in the
3 event of noncompliance with a cease and desist order issued pursuant
4 to subsection b. of this section, the commissioner may institute a
5 proceeding to obtain injunctive relief in accordance with the applicable
6 Court Rules.

7
8 17. (New section) The commissioner and the Commissioner of
9 Banking and Insurance shall develop recommendations for legislative
10 action to address the issue of regulating health care or managed care
11 entities that seek to contract directly with employers or other
12 purchasers on a risk-assuming basis. The recommendations shall
13 identify the type of health care or managed care entities and the scope
14 of activities of these entities that should be subject to regulation by the
15 State. In preparing the recommendations, the commissioners shall
16 consider the current State statutory and regulatory requirements for
17 health maintenance organizations and insurance companies issuing
18 health benefits plans in the State, as well as federal legislation and laws
19 and court rulings to determine how these health care and managed care
20 entities that assume risk should be regulated.

21 The commissioners shall report their recommendations to the
22 Senate and General Assembly standing reference committees on health
23 and insurance and to the Governor within one year of the effective
24 date of this act.

25
26 18. (New section) An employer who provides a comprehensive
27 self-funded health benefits plan to his employees or their dependents
28 in this State shall annually, and upon request of an employee at other
29 times during the year, notify his employees that they are covered by a
30 self-insured plan that is not subject to regulation by the State of New
31 Jersey, and specify which mandated health insurance benefits,
32 established by statute, are not covered by the self-insured plan. The
33 Commissioner of Health and Senior Services shall notify the
34 Commissioner of Labor of any health insurance mandates enacted into
35 law, and the Commissioner of Labor shall notify employers in a timely
36 manner of the health insurance mandates subject to the provisions of
37 this section.

38
39 19. (New section) The commissioner shall enforce the provisions
40 of this act.

41 Within six months of the effective date of this act, in consultation
42 with the Commissioner of Banking and Insurance, the commissioner
43 shall adopt rules and regulations, pursuant to the "Administrative
44 Procedure Act," P.L.1968, c.410 (C.52:14B-1 et seq.), necessary to
45 carry out the purposes of this act. The regulations shall establish
46 consumer protection and quality standards governing carriers which

1 offer a managed care plan or use a utilization management system that
2 are consistent with the standards governing health maintenance
3 organizations in the State.

4 The regulations shall include standards for: a quality management
5 program; provider participation in a network; adequacy of the provider
6 network with respect to the scope and type of health care benefits
7 provided by the carrier, the geographic service area covered by the
8 provider network and access to medical specialists, when appropriate;
9 utilization management as required in this act; a covered person
10 complaint system; a patient appeals system as required in this act; the
11 establishment of consumer rights of covered persons; carrier disclosure
12 as required in this act; and outcomes and data reporting requirements
13 as required in this act.

14
15 20. (New section) The Commissioner of Banking and Insurance
16 may conduct an examination of a health maintenance organization as
17 often as he deems necessary in order to protect the interests of
18 providers, contract holders, members, and the residents of this State.
19 An organization shall make its relevant books and records available for
20 examination by the Commissioner of Banking and Insurance, and
21 retain its records in accordance with a schedule established by the
22 Commissioner of Banking and Insurance by regulation. The
23 reasonable expenses of the examination shall be borne by the
24 organization being examined. In lieu of such examination, the
25 Commissioner of Banking and Insurance may accept the report of an
26 examination made by the commissioner of another state.

27
28 21. (New section) Notwithstanding the provisions of chapter 26
29 of Title 17B of the New Jersey Statutes to the contrary, no policy shall
30 be delivered, issued, executed or renewed on or after the effective
31 date of this act unless the policy meets the requirements of P.L. , c.
32 (C.)(pending before the Legislature as this bill) and regulations
33 adopted thereto. The provisions of this section shall apply to all
34 policies in which the insurer has reserved the right to change the
35 premium.

36
37 22. (New section) Notwithstanding the provisions of chapter 27
38 of Title 17B of the New Jersey Statutes to the contrary, no policy shall
39 be delivered, issued, executed or renewed on or after the effective date
40 of this act unless the policy meets the requirements of P.L. , c.
41 (C.)(pending before the Legislature as this bill) and regulations
42 adopted thereto. The provisions of this section shall apply to all
43 policies in which the insurer has reserved the right to change the
44 premium.

45
46 23. (New section) Notwithstanding the provisions of P.L.1992,

1 c.162 (C.17B:27A-17 et seq.) to the contrary, no policy or contract
2 shall be delivered, issued, executed or renewed on or after the
3 effective date of this act unless the policy or contract meets the
4 requirements of P.L. , c. (C.)(pending before the Legislature as
5 this bill) and regulations adopted thereto. The provisions of this
6 section shall apply to all policies or contracts in which the carrier has
7 reserved the right to change the premium.

8
9 24. (New section) Notwithstanding the provisions of P.L.1992,
10 c.161 (C.17B:27A-2 et seq.) to the contrary, no policy or contract
11 shall be delivered, issued, executed or renewed on or after the
12 effective date of this act unless the policy or contract meets the
13 requirements of P.L. , c. (C.)(pending before the Legislature as
14 this bill) and regulations adopted thereto. The provisions of this
15 section shall apply to all policies or contracts in which the carrier has
16 reserved the right to change the premium.

17
18 25. (New section) Notwithstanding the provisions of P.L.1938,
19 c.366 (C.17:48-1 et seq.) to the contrary, no individual or group
20 contract shall be delivered, issued, executed or renewed on or after the
21 effective date of this act unless the contract meets the requirements of
22 P.L. , c. (C.)(pending before the Legislature as this bill) and
23 regulations adopted thereto. The provisions of this section shall apply
24 to all contracts in which the hospital service corporation has reserved
25 the right to change the premium.

26
27 26. (New section) Notwithstanding the provisions of P.L.1940,
28 c.74 (C.17:48A-1 et seq.) to the contrary, no individual or group
29 contract shall be delivered, issued, executed or renewed on or after the
30 effective date of this act unless the contract meets the requirements of
31 P.L. , c. (C.)(pending before the Legislature as this bill) and
32 regulations adopted thereto. The provisions of this section shall apply
33 to all contracts in which the medical service corporation has reserved
34 the right to change the premium.

35
36 27. (New section) Notwithstanding the provisions of P.L.1985,
37 c.236 (C.17:48E-1 et seq.) to the contrary, no individual or group
38 contract shall be delivered, issued, executed or renewed on or after the
39 effective date of this act unless the contract meets the requirements of
40 P.L. , c. (C.)(pending before the Legislature as this bill) and
41 regulations adopted thereto. The provisions of this section shall apply
42 to all contracts in which the health service corporation has reserved
43 the right to change the premium.

44
45 28. (New section) Notwithstanding the provisions of P.L.1973,
46 c.337 (C.26:2J-1 et seq.) to the contrary, a certificate of authority to

1 establish and operate a health maintenance organization in this State
2 shall not be issued or continued on or after the effective date of this
3 act unless the health maintenance organization meets the requirements
4 of P.L. , c. (C.) (pending before the Legislature as this bill) and
5 regulations adopted thereto. The provisions of this section shall apply
6 to all enrollee agreements in which the health maintenance
7 organization has reserved the right to change the schedule of charges.
8

9 29. Section 24 of P.L.1973, c. 337 (C.26:2J-24) is amended to
10 read as follows:

11 24. a. The commissioner may, in lieu of suspension or revocation
12 of a certificate of authority under section 18 hereof, levy an
13 administrative penalty in an amount not less than ~~[\$100.00]~~ \$250 nor
14 more than ~~[\$1,000.00]~~ \$10,000 for each day that the health
15 maintenance organization is in violation of P.L.1973, c.337 (C.26:2J-1
16 et seq.), if reasonable notice in writing is given of the intent to levy
17 the penalty ~~[and the health maintenance organization has a reasonable~~
18 ~~time within which to remedy the defect in its operations which gave~~
19 ~~rise to the penalty citation, and fails to do so within said time]~~ and, at
20 the discretion of the commissioner, the health maintenance
21 organization has 30 days, or such additional time as the commissioner
22 shall determine to be reasonable, to remedy the conditions which gave
23 rise to the violation, and fails to do so within the time allowed. Any
24 such penalty may be recovered in a summary proceeding pursuant to
25 ~~[the Penalty Enforcement Law (N.J.S.2A:58-1 et seq.)]~~ "the penalty
26 enforcement law," N.J.S.2A:58-1 et seq.

27 b. Any person who violates this act is a disorderly person and shall
28 be prosecuted and punished pursuant to the "disorderly persons law"
29 subtitle 12 of Title 2A of the New Jersey Statutes.

30 c. (1) If the commissioner or the Commissioner of Banking and
31 Insurance shall for any reason have cause to believe that any violation
32 of this act has occurred or is threatened, the commissioner or
33 Commissioner of Banking and Insurance may give notice to the health
34 maintenance organization and to the representatives, or other persons
35 who appear to be involved in such suspected violation, to arrange a
36 conference with the alleged violators or their authorized
37 representatives for the purpose of attempting to ascertain the facts
38 relating to such suspected violation, and, in the event it appears that
39 any violation has occurred or is threatened, to arrive at an adequate
40 and effective means of correcting or preventing such violation.

41 (2) Proceedings under this subsection c. shall not be governed by
42 any formal procedural requirements, and may be conducted in such
43 manner as the commissioner or the Commissioner of Banking and
44 Insurance may deem appropriate under the circumstances.

45 d. (1) The commissioner or the Commissioner of Banking and
46 Insurance may issue an order directing a health maintenance

1 organization or a representative of a health maintenance organization
2 to cease and desist from engaging in any act or practice in violation of
3 the provisions of this act.

4 (2) Within 20 days after service of the order of cease and desist,
5 the respondent may request a hearing on the question of whether acts
6 or practices in violation of this act have occurred. Such hearings shall
7 be conducted pursuant to the Administrative Procedure Act, P.L.1968,
8 c.410 (C.52:14B-1 et seq.) and judicial review shall be available as
9 provided therein.

10 e. In the case of any violation of the provisions of this act, if the
11 commissioner elects not to issue a cease and desist order, or in the
12 event of noncompliance with a cease and desist order issued pursuant
13 to subsection d. of this section, the commissioner may institute a
14 proceeding to obtain injunctive relief, in accordance with the
15 applicable Court Rules.

16 (cf: P.L.1973, c.337, s.24)

17

18 30. Section 12 of P.L.1992, c.160 (C.26:2H-18.62) is amended to
19 read as follows:

20 12. a. The monies in the hospital and other health care initiatives
21 account are appropriated for the establishment of a program which will
22 assist hospitals and other health care facilities in the underwriting of
23 innovative and necessary health care services and provide funding for
24 public or private health care programs, which may include any
25 program funded pursuant to section 25 of P.L.1991, c.187
26 (C.26:2H-18.47), managed care regulation and oversight pursuant to
27 P.L. , c. (C.)(pending before the Legislature as this bill), and for
28 such other programs that the commissioner deems necessary or
29 appropriate to carry out the provisions of section 5 of P.L.1992, c.160
30 (C.26:2H-18.55).

31 The commissioner shall develop equitable regulations regarding
32 eligibility for and access to the financial assistance, within six months
33 of the effective date of this act.

34 b. Such funds as may be necessary shall be transferred by the
35 department from the fund to the Division of Medical Assistance and
36 Health Services in the Department of Human Services for payment to
37 disproportionate share hospitals.

38 c. Notwithstanding any law to the contrary, each hospital whose
39 revenue cap was established by the Hospital Rate Setting Commission
40 in 1993 pursuant to P.L.1992, c.160 (C.26:2H-18.51 et al.) shall pay
41 .53% of its total operating revenue to the department for deposit in the
42 Health Care Subsidy Fund, except that the amount to be paid by a
43 hospital in a given year shall be prorated by the department so as not
44 to exceed the \$40 million limit set forth in this subsection. The
45 hospital shall make monthly payments to the department beginning
46 July 1, 1993, except that the total amount paid into the Health Care

1 Subsidy Fund plus interest shall not exceed \$40 million per year. The
2 commissioner shall determine the manner in which the payments shall
3 be made.

4 For the purposes of this subsection, "total operating revenue" shall
5 be defined by the department in accordance with financial reporting
6 requirements established pursuant to N.J.A.C.8:31B-3.3.

7 d. The monies paid by the hospitals shall be credited to the
8 hospital and other health care initiatives account.
9 (cf: P.L.1995,c.133, s.8)

10

11 31. This act shall take effect on the 180th day after enactment.

12

13

14

15

16 Designated the "Health Care Quality Act."

SENATE, No. 269

STATE OF NEW JERSEY

Introduced Pending Technical Review by Legislative Counsel

PRE-FILED FOR INTRODUCTION IN THE 1996 SESSION

By Senators SINAGRA and MATHEUSSEN

1 AN ACT concerning patient protections under health benefits plans,
2 supplementing Titles 26 and 17 of the Revised Statutes and Title
3 17B of the New Jersey Statutes and amending P.L.1973, c.337.

4

5 **BE IT ENACTED** by the Senate and General Assembly of the State
6 of New Jersey:

7

8 1. This act shall be known and may be cited as the "Health Care
9 Quality Act."

10

11 2. (New section) As used in sections 2 through 11 of this act:
12 "Carrier" means an insurance company, health service corporation,
13 hospital service corporation, medical service corporation or health
14 maintenance organization authorized to issue health benefits plans in
15 this State.

16 "Commissioner" means the Commissioner of Health.

17 "Covered person" means a person on whose behalf a carrier or
18 other entity offering the plan is obligated to pay benefits pursuant to
19 the health benefits plan.

20 "Covered service" means a health care service provided to a
21 covered person under a health benefits plan for which the carrier or
22 other entity offering the plan is obligated to pay benefits.

23 "Department" means the Department of Health.

24 "Health benefits plan" means a benefits plan which pays hospital and
25 medical expense benefits for covered services and is delivered or
26 issued for delivery in this State by or through a carrier or any other
27 entity. For the purposes of this act, health benefits plan shall not
28 include the following plans, policies or contracts: accident only,
29 credit, disability, long-term care, Medicare supplement coverage,
30 CHAMPUS supplement coverage, coverage for Medicare services
31 pursuant to a contract with the United States government, coverage
32 for Medicaid services pursuant to a contract with the State, coverage

EXPLANATION - Matter enclosed in bold-faced brackets [thus] in the above bill is not enacted and intended to be omitted in the law.

Matter underlined thus is new matter.

1 arising out of a workers' compensation or similar law, automobile
2 medical payment insurance, personal injury protection insurance issued
3 pursuant to P.L.1972, c.70 (C.39:6A-1 et seq.) or hospital
4 confinement indemnity coverage.

5 "Health care provider" means an individual or entity which, acting
6 within the scope of its licensure or certification, provides a covered
7 service defined by the health benefits plan. Health care provider
8 includes, but is not limited to, a physician and other health care
9 professionals licensed pursuant to Title 45 of the Revised Statutes, and
10 a hospital and other health care facilities licensed pursuant to Title 26
11 of the Revised Statutes.

12 "Managed care plan" means a health benefits plan that integrates the
13 financing and delivery of appropriate health care services to covered
14 persons by arrangements with participating providers, who are selected
15 to participate on the basis of explicit standards, to furnish a
16 comprehensive set of health care services and financial incentives for
17 covered persons to use the participating providers and procedures
18 provided for in the plan. A managed care plan may be issued by or
19 through a carrier which assumes financial risk for the plan or any other
20 entity that provides and finances health benefits for a covered person.

21 "Network contractor" means an entity that enters into a contractual
22 arrangement with a health care provider to form a network of
23 providers to deliver health care services to residents of this State and
24 contracts with a payer for access to the network for the payer's
25 managed care plan. A network contractor shall not assume financial
26 risk for the health care services provided by the network for a
27 managed care plan or enter into risk sharing arrangements with
28 providers. A network contractor may contract with payers to provide
29 utilization management and quality assurance programs and other
30 related services.

31 "Utilization management" means a system for reviewing the
32 appropriate and efficient allocation of health care services under a
33 health benefits plan according to specified guidelines, in order to
34 recommend or determine whether, or to what extent, a health care
35 service given or proposed to be given to a covered person should or
36 will be reimbursed, covered, paid for, or otherwise provided under the
37 health benefits plan. The system may include: preadmission
38 certification, the application of practice guidelines, continued stay
39 review, discharge planning, preauthorization of ambulatory
40 procedures, and retrospective review.

41
42 3. (New section) a. A managed care plan in effect on the effective
43 date of this act which provides benefits to residents of this State shall
44 file a registration form with the department within 90 days of the
45 effective date of this act. A managed care plan established after the
46 effective date of this act or for which corporate ownership changes

1 after the effective date of this act shall file a registration form with the
2 department at least 30 days prior to the date the plan will begin to
3 provide benefits to residents of this State. The registration form shall
4 be valid for two years, but the managed care plan shall notify the
5 department within 10 business days of any change in information
6 provided on the registration form.

7 b. A carrier which offers an individual or group health benefits plan
8 to residents of this State on an indemnity basis on the effective date of
9 this act shall file a registration form with the department within 90
10 days of the effective date of this act. A carrier authorized to issue
11 health benefits plans in this State after the effective date of this act or
12 for which corporate ownership changes after the effective date of this
13 act shall file a registration form with the department at least 30 days
14 prior to the date the carrier will begin to offer a health benefits plan to
15 residents of this State. The registration form shall be valid for two
16 years, but the carrier shall notify the department within 10 business
17 days of any change in information provided on the registration form.

18 c. A network contractor in operation on the effective date of this
19 act shall file a registration form with the department within 90 days of
20 the effective date of this act. A network contractor established after
21 the effective date of this act or for which corporate ownership changes
22 after the effective date of this act shall file a registration form with the
23 department at least 30 days prior to the date the entity will begin to
24 offer its services in this State. The registration form shall be valid for
25 two years, but the network contractor shall notify the department
26 within 10 business days of any change in information provided on the
27 registration form.

28 d. The commissioner shall establish a registration form for
29 managed care plans, indemnity carriers and network contractors which
30 shall request, at a minimum, the official address and telephone number
31 of the place of business of the managed care plan, carrier or network
32 contractor.

33 e. The filing of a registration form by a managed care plan,
34 indemnity carrier or network contractor with the department pursuant
35 to this act is for informational purposes only in order to enable the
36 department to carry out the provisions of this act. The registration
37 required pursuant to this act shall not be construed to authorize the
38 department to regulate managed care plans, carriers or network
39 contractors in any manner not otherwise provided by law.

40 f. A managed care plan, indemnity carrier or network contractor
41 filing a registration form with the department pursuant to this act shall
42 pay a biennial registration fee of \$200.

43 g. A health maintenance organization which holds a certificate of
44 authority pursuant to P.L.1973, c.337 (C.26:2J-1 et seq.) shall be
45 exempt from the registration requirements of this section but shall
46 comply with the provisions of sections 2 and 4 through 21 of this act.

1 A health maintenance organization shall be required to comply with
2 the provisions of P.L.1973, c.337 (C.26:2J-1 et seq.) and any rules and
3 regulations adopted pursuant thereto, except that in the event that the
4 provisions of this act conflict with the provisions of P.L.1973, c.337
5 (C.26:2J-1 et seq.), the provisions of this act shall supercede the
6 provisions of P.L.1973, c.337

7 h. A carrier which issues health benefit plans utilizing a selective
8 contracting arrangement pursuant to section 22 of P.L.1993, c.162
9 (C.17B:27A-54) shall be exempt from the registration requirements of
10 this section with respect to the selective contracting arrangement, but
11 shall comply with the provisions of sections 2 and 4 through 21 of this
12 act.

13 A carrier shall be required to comply with the provisions of section
14 22 of P.L.1993, c.162 (C.17B:27A-54) and any rules and regulations
15 adopted pursuant thereto, except that in the event that the provisions
16 of this act conflict with the provisions of section 22 of P.L.1993, c.162
17 (C.17B:27A-54), the provisions of this act shall supercede the
18 provisions of P.L.1993, c.162.

19
20 4. (New section) A managed care plan or indemnity carrier, as
21 appropriate, shall disclose in writing to a policy or contract holder or
22 enrollee, in the case of a health maintenance organization, the terms
23 and conditions of its health benefits plan, and shall promptly notify a
24 policy or contract holder or enrollee in writing of any changes in those
25 terms and conditions. The policy or contract holder shall ensure that
26 each covered person under the policy or contract is provided with a
27 copy of the disclosure statement.

28 a. The information required to be disclosed pursuant to this section
29 shall include, but need not be limited to, a description of:

30 (1) covered services and benefits to which the covered person is
31 entitled;

32 (2) treatment policies and restrictions or limitations on covered
33 services and benefits;

34 (3) financial responsibility of the covered person, including
35 copayments and deductibles;

36 (4) prior authorization and any other review requirements with
37 respect to accessing covered services;

38 (5) where and in what manner covered services may be obtained;

39 (6) changes in covered benefits, including any addition, reduction
40 or elimination of specific benefits;

41 (7) the covered person's right to appeal and the procedure for
42 initiating an appeal of a utilization management decision made by or
43 on behalf of the managed care plan or carrier with respect to the
44 denial, reduction or termination of a covered health care benefit or the
45 denial of payment for a health care service;

46 (8) the procedure to initiate an appeal pursuant to the provisions

1 of P.L. , c. (C.)(pending before the Legislature as Senate
2 Bill No. 1404 of 1994); and

3 (9) the percentage breakdown of premium dollars spent on benefits
4 and on administration, respectively, by the carrier on insured health
5 benefits plans issued in the State.

6 b. The carrier or managed care plan shall file the information
7 required pursuant to this section with the department.

8

9 5. (New section) a. In addition to the disclosure requirements
10 provided in section 4 of this act, a managed care plan shall disclose to
11 a prospective covered person, in writing, the following information,
12 and shall promptly notify a covered person in writing of any changes
13 in the information:

14 (1) Information on a covered person's access to primary care
15 physicians and specialists, including the number of available
16 participating physicians, by provider category or specialty, and their
17 professional office addresses, the percentage of participating primary
18 care physicians who are accepting new patients and the expected
19 waiting time for an initial appointment and medical visit; and

20 (2) Information about the financial affiliations between
21 participating physicians under contract with the managed care plan or
22 network contractor, as applicable, and other participating health care
23 providers and facilities to which the participating physicians refer their
24 managed care patients.

25 b. The managed care plan shall file the information required
26 pursuant to this section with the department.

27

28 6. (New section) a. A managed care plan shall designate a New
29 Jersey licensed physician to serve as medical director of the plan. The
30 medical director shall be responsible for treatment policies, protocols,
31 quality assurance activities and utilization management decisions of
32 the plan. The treatment policies, protocols, quality assurance program
33 and utilization management decisions of the plan shall be based on
34 nationally recognized standards of health care practice.

35 b. A network contractor shall maintain quality assurance and
36 utilization management programs for the network. The network
37 contractor may contract with a payer for use of the quality assurance
38 and utilization management programs for the payer's managed care
39 plan.

40 The network contractor shall designate a New Jersey licensed
41 physician to serve as medical director of the network. The medical
42 director shall be responsible for quality assurance activities and
43 utilization management decisions of the network. The quality
44 assurance activities and utilization management decisions shall be
45 based on nationally recognized standards of health care practice.

46 c. The medical director of the plan or network shall ensure that:

1 (1) Any utilization management decision to deny, reduce or
2 terminate a health care benefit or to deny payment for a health care
3 service, because that service is not medically necessary, shall be made
4 by a physician with knowledge in the area of the health care service.
5 In the case of a health care service prescribed or provided by a dentist,
6 the decision shall be made by a dentist with knowledge in the area of
7 the health care service;

8 (2) A utilization management decision shall not retrospectively
9 deny coverage for health care services provided to a covered person
10 when prior approval has been obtained from the plan or network, as
11 appropriate, for those services, unless the approval was based upon
12 fraudulent information submitted by the covered person or the
13 participating provider;

14 (3) A procedure is implemented whereby participating physicians
15 and dentists have an opportunity to review and comment on all
16 medical and surgical and dental protocols, respectively, of the plan;
17 and

18 (4) The utilization management program is available on a 24-hour
19 basis to respond to authorization requests for emergency services and
20 is available, at a minimum, during normal working hours for inquiries
21 and authorization requests for nonemergency health care services.
22

23 7. (New section) Each application for credentialing or
24 participation, as appropriate, to a managed care plan or network
25 contractor shall be reviewed by a committee of the plan or contractor
26 that includes appropriate representation of health care professionals
27 with knowledge in the applicant's scope of professional practice.
28

29 8. (New section) A managed care plan or network contractor shall
30 establish a policy governing removal of health care professionals from
31 the plan or network which includes the following:

32 a. The plan or contractor shall inform all participating health care
33 professionals of the plan's or contractor's removal policy at the time
34 the plan or contractor contracts with the health care professional to
35 participate in the plan or network, and at each renewal thereof.

36 b. If a health care professional's credentialing will be withdrawn or
37 participation terminated prior to the date of termination of the
38 contract, the plan or contractor shall provide the professional with
39 90-days notice of the withdrawal or termination, unless the withdrawal
40 or termination is for breach of contract or because the health care
41 professional represents an imminent danger to an individual patient or
42 to the public health, safety or welfare.

43 c. If the plan or contractor finds that a health care professional
44 represents an imminent danger to an individual patient or to the public
45 health, safety or welfare, the plan or contractor shall promptly notify
46 the appropriate professional State licensing board.

1 9. (New section) A managed care plan's or network contractor's
2 contract with a participating health care provider:

3 a. Shall state that the health care provider shall not be penalized or
4 the contract terminated by the managed care plan or network
5 contractor because the health care provider acts as an advocate for the
6 patient in seeking appropriate, medically necessary covered health care
7 services; and

8 b. Shall not provide financial incentives to the health care provider
9 for withholding covered health care services.

10

11 10. (New section) a. A managed care plan shall offer a
12 point-of-service plan option to every policy or contract holder which
13 would allow a covered person to receive covered health care benefits
14 from out-of-network providers without having to obtain a referral or
15 prior authorization from the managed care plan. The point-of-service
16 plan option shall require that a covered person pay a higher deductible
17 or copayment and higher premium for the plan option, pursuant to
18 limits established by the department by regulation.

19 b. A managed care plan shall provide each covered person in a plan
20 whose policy or contract holder elects the point-of-service plan option,
21 with the opportunity, at the time of enrollment and during the annual
22 open enrollment period, to enroll in the point-of-service plan option.
23 The managed care plan shall provide written notice of the
24 point-of-service plan option to each covered person in a plan whose
25 policy or contract holder elects the point-of-service option and shall
26 include in that notice a detailed explanation of the financial costs to be
27 incurred by a covered person who selects that plan option.

28 c. The requirements of this section shall not apply to a managed
29 care plan which only provides health care services to Medicaid
30 recipients.

31

32 11. (New section) A managed care plan, indemnity carrier or
33 network contractor that violates any provision of this act shall be liable
34 to a civil penalty of not less than \$250 and not greater than \$10,000
35 for each day the plan, carrier or contractor is in violation of the act.
36 The penalty shall be collected by the commissioner in the name of the
37 State in a summary proceeding in accordance with "the penalty
38 enforcement law," N.J.S.2A:58-1 et seq.

39

40 12. (New section) The commissioner shall enforce the provisions
41 of this act and adopt rules and regulations, pursuant to the
42 "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
43 seq.), necessary to carry out the provisions of this act.

44

45 13. (New section) Notwithstanding the provisions of chapter 26
46 of Title 17B of the New Jersey Statutes to the contrary, no policy shall

1 be delivered, issued, executed or renewed on or after the effective
2 date of this act unless the policy meets the requirements of P.L. , c.
3 (C.)(pending before the Legislature as this bill).

4
5 14. (New section) Notwithstanding the provisions of chapter 27 of
6 Title 17B of the New Jersey Statutes to the contrary, no policy shall
7 be delivered, issued, executed or renewed on or after the effective date
8 of this act unless the policy meets the requirements of P.L. , c.
9 (C.)(pending before the Legislature as this bill).

10
11 15. (New section) Notwithstanding the provisions of P.L.1992,
12 c.162 (C.17B:27A-17 et seq.) to the contrary, no policy or contract
13 shall be delivered, issued, executed or renewed on or after the
14 effective date of this act unless the policy or contract meets the
15 requirements of P.L. , c. (C.)(pending before the Legislature as
16 this bill).

17
18 16. (New section) Notwithstanding the provisions of P.L.1992,
19 c.161 (C.17B:27A-2 et seq.) to the contrary, no policy or contract
20 shall be delivered, issued, executed or renewed on or after the
21 effective date of this act unless the policy or contract meets the
22 requirements of P.L. , c. (C.)(pending before the Legislature as
23 this bill).

24
25 17. (New section) Notwithstanding the provisions of P.L.1938,
26 c.366 (C.17:48-1 et seq.) to the contrary, no individual or group
27 contract shall be delivered, issued, executed or renewed on or after the
28 effective date of this act unless the contract meets the requirements of
29 P.L. , c. (C.)(pending before the Legislature as this bill).

30
31 18. (New section) Notwithstanding the provisions of P.L.1940,
32 c.74 (C.17:48A-1 et seq.) to the contrary, no individual or group
33 contract shall be delivered, issued, executed or renewed on or after the
34 effective date of this act unless the contract meets the requirements of
35 P.L. , c. (C.)(pending before the Legislature as this bill).

36
37 19. (New section) Notwithstanding the provisions of P.L.1985,
38 c.236 (C.17:48E-1 et seq.) to the contrary, no individual or group
39 contract shall be delivered, issued, executed or renewed on or after the
40 effective date of this act unless the contract meets the requirements of
41 P.L. , c. (C.)(pending before the Legislature as this bill).

42
43 20. (New section) Notwithstanding the provisions of P.L.1973,
44 c.337 (C.26:2J-1 et seq.) to the contrary, a certificate of authority to
45 establish and operate a health maintenance organization in this State
46 shall not be issued or continued on or after the effective date of this

1 act unless the health maintenance organization meets the requirements
2 of P.L. , c. (C.) (pending before the Legislature as this bill).

3
4 21. Section 24 of P.L.1973, c. 337 (C.26:2J-24) is amended to
5 read as follows:

6 24. a. The commissioner may, in lieu of suspension or revocation
7 of a certificate of authority under section 18 hereof, levy an
8 administrative penalty in an amount not less than ~~【\$100.00】~~ \$250 nor
9 more than ~~【\$1,000.00】~~ \$10,000 for each day the health maintenance
10 organization is in violation of P.L.1973, c.337 (C.26:2J-1 et seq.), if
11 reasonable notice in writing is given of the intent to levy the penalty
12 ~~【and the health maintenance organization has a reasonable time within~~
13 ~~which to remedy the defect in its operations which gave rise to the~~
14 ~~penalty citation, and fails to do so within said time】~~. Any such penalty
15 may be recovered in a summary proceeding pursuant to ~~【the Penalty~~
16 ~~Enforcement Law (N.J.S.2A:58-1 et seq.)】~~ "the penalty enforcement
17 law," N.J.S.2A:58-1 et seq.

18 b. Any person who violates this act is a disorderly person and shall
19 be prosecuted and punished pursuant to the "disorderly persons law"
20 subtitle 12 of Title 2A of the New Jersey Statutes.

21 c. (1) If the commissioner or the Commissioner of Insurance shall
22 for any reason have cause to believe that any violation of this act has
23 occurred or is threatened, the commissioner or Commissioner of
24 Insurance may give notice to the health maintenance organization and
25 to the representatives, or other persons who appear to be involved in
26 such suspected violation, to arrange a conference with the alleged
27 violators or their authorized representatives for the purpose of
28 attempting to ascertain the facts relating to such suspected violation,
29 and, in the event it appears that any violation has occurred or is
30 threatened, to arrive at an adequate and effective means of correcting
31 or preventing such violation.

32 (2) Proceedings under this subsection c. shall not be governed by
33 any formal procedural requirements, and may be conducted in such
34 manner as the commissioner or the Commissioner of Insurance may
35 deem appropriate under the circumstances.

36 d. (1) The commissioner or the Commissioner of Insurance may
37 issue an order directing a health maintenance organization or a
38 representative of a health maintenance organization to cease and desist
39 from engaging in any act or practice in violation of the provisions of
40 this act.

41 (2) Within 20 days after service of the order of cease and desist,
42 the respondent may request a hearing on the question of whether acts
43 or practices in violation of this act have occurred. Such hearings shall
44 be conducted pursuant to the Administrative Procedure Act, P.L.1968,
45 c. 410 (C. 52:14B-1 et seq.) and judicial review shall be available as
46 provided therein.

1 e. In the case of any violation of the provisions of this act, if the
2 commissioner elects not to issue a cease and desist order, or in the
3 event of noncompliance with a cease and desist order issued pursuant
4 to subsection d. of this section, the commissioner may institute a
5 proceeding to obtain injunctive relief, in accordance with the
6 applicable Court Rules.
7 (cf: P.L.1973, c.337, s.24)

8

9 22. This act shall take effect on the 180th day after enactment.

10

11

12

STATEMENT

13

14 This bill, which is designated the "Health Care Quality Act,"
15 provides various consumer safeguards with respect to health insurance
16 and the operation of managed care plans.

17 Specifically, the bill:

18 • requires managed care plans, indemnity carriers and network
19 contractors (entities that establish health care provider networks for
20 managed care plans) to register with the Department of Health;

21 • requires managed care plans and indemnity carriers to disclose to
22 covered persons, in writing, the terms and conditions of the health
23 benefits plan, which information shall include a description of:

24 a. covered services and benefits to which the covered person is
25 entitled;

26 b. treatment policies and restrictions or limitations on covered
27 services and benefits;

28 c. financial responsibility of the covered person, including
29 copayments and deductibles;

30 d. prior authorization and any other review requirements with
31 respect to accessing covered services;

32 e. where and in what manner services or benefits may be obtained;

33 f. changes in covered benefits, including any addition, reduction or
34 elimination of specific benefits;

35 g. the covered person's right to appeal and the procedure for
36 initiating an appeal of a utilization management decision made by or
37 on behalf of the managed care plan or carrier with respect to the
38 denial, reduction or termination of a covered health care benefit or the
39 denial of payment for a health care service;

40 h. the procedure to initiate an appeal pursuant to the provisions of
41 Senate Bill No. 1404 of 1994 which establishes the Statewide
42 Independent Health Benefits Plan Appeals Program in the Department
43 of Health; and

44 i. the percentage breakdown of premium dollars spent on benefits
45 and on administration, respectively, by the carrier on insured health
46 benefits plans issued in the State.

- 1 • requires managed care plans to also disclose to a prospective
2 covered person, in writing, the following information:
- 3 a. information on a covered person's access to primary care
4 physicians and specialists, including the number of available
5 participating physicians, by provider category or specialty, and their
6 professional office addresses, the percentage of participating primary
7 care physicians who are accepting new patients and the expected
8 waiting time for an initial appointment and medical visit; and
- 9 b. information about the financial affiliations between participating
10 physicians under contract with the managed care plan and other
11 participating health care providers and facilities, to which the
12 participating physicians refer their managed care patients;
- 13 • requires managed care plans and network contractors to have a
14 medical director who is a New Jersey licensed physician and who is
15 responsible for treatment policies, protocols, quality assurance
16 activities and utilization management decisions of the plan, in the case
17 of managed care plans, and quality assurance activities and utilization
18 management decisions, in the case of network contractors;
- 19 • requires network contractors to maintain quality assurance and
20 utilization management programs and provides that the network
21 contractor may contract with payers for use of the programs for their
22 managed care plans;
- 23 • requires managed care plans and network contractors to establish
24 a policy governing the removal of health care professionals which
25 provides 90-days' notice for withdrawal of credentialing (if the
26 withdrawal of credentialing occurs prior to the date of termination of
27 the contract) unless there is a breach of contract or the health care
28 professional represents an imminent danger to an individual patient or
29 to the public health, safety or welfare;
- 30 • provides that a participating health care provider shall not be
31 penalized or have his contract terminated because the health care
32 provider acts as an advocate for the patient in seeking appropriate,
33 medically necessary covered health care benefits and prohibits any
34 provision in a provider's contract that provides financial incentives for
35 withholding covered health care services;
- 36 • requires a managed care plan to offer a point-of-service option to
37 all policy or contract holders which would allow a covered person to
38 receive covered health care benefits from out-of-network providers
39 without having to obtain a referral or prior authorization from the
40 managed care plan. The covered person would be required to pay a
41 higher deductible or copayment and higher premium for the plan
42 option; and
- 43 • provides that the penalty for violations of the bill shall be between
44 \$250 and \$10,000 for each day the violation continues and increases
45 the penalties in the law governing health maintenance organizations,
46 P.L.1973, c.337, to these same amounts.

- 1 _____
- 2
- 3 Designated the "Health Care Quality Act."

SENATE HEALTH COMMITTEE

STATEMENT TO

SENATE COMMITTEE SUBSTITUTE FOR
SENATE, No. 269

STATE OF NEW JERSEY

DATED: MARCH 10, 1997

The Senate Health Committee reports favorably Senate Bill No. 269 (1R).

This substitute, which is designated the "Health Care Quality Act," provides comprehensive consumer safeguards with respect to health insurance and the operation of health maintenance organizations.

Specifically, the substitute:

- requires carriers (insurance companies, health, hospital and medical service corporations and health maintenance organizations) to disclose to a subscriber (typically an employee or individual who purchases a health benefits plan), in writing, in easily understandable language, at the time of enrollment and upon request thereafter, the terms and conditions of the health benefits plan, which information shall include a description of:

- covered services and benefits to which the subscriber or other covered person is entitled;
- restrictions or limitations on covered services and benefits;
- financial responsibility of the covered person, including copayments and deductibles;
- prior authorization and any other review requirements with respect to accessing covered services;
- where and in what manner covered services may be obtained;
- changes in covered services or benefits, including any addition, reduction or elimination of specific services or benefits;
- the covered person's right to appeal and the procedure for initiating an appeal of a utilization management decision made by or on behalf of the carrier with respect to the denial, reduction or termination of a benefit or the denial of payment for a health care service; and
- the procedure to initiate an appeal through the Independent Health Care Appeals Program in the Department of Health and Senior Services that is created in the substitute;

- requires carriers which offer managed care plans to also disclose to a subscriber, in writing, in easily understandable language, the following information at the time of enrollment and annually thereafter:

- a current participating provider directory providing information on a covered person's access to primary care physicians and specialists, including the number of available participating physicians, by provider category or specialty and by county. The information shall include the primary care physicians' professional office addresses and any hospital affiliation the physician has. The directory also shall provide information about participating hospitals;

- general information about the financial incentives between participating physicians under contract with the carrier and other participating health care providers and facilities to which the participating physicians refer their patients;

- the percentage of the carrier's network physicians who are board certified;

- the carrier's managed care plan's standard for customary waiting times for appointments for urgent and routine care; and

- the availability, through the Department of Health and Senior Services, of independent consumer satisfaction survey results and an analysis of quality outcomes of health care services of managed care plans in the State.

Also, upon request of a covered person, a carrier shall promptly inform the person whether a particular network physician is board certified and whether a particular network physician is currently accepting new patients;

- requires carriers which offer a managed care plan to have a medical director who is a licensed physician and who is responsible for treatment policies, protocols, quality assurance activities and utilization management decisions of the carrier.

- requires that each application from a provider for participation to a carrier which offers a managed care plan shall be reviewed by a committee of the carrier that includes appropriate representation of providers with knowledge in the applicant's scope of professional practice;

- requires carriers to establish a policy governing the removal of health care providers. In the case of licensed health care professionals, the policy shall provide 90-days written notice for termination (if the termination occurs prior to the date of termination of the contract), unless there is a breach of contract, the health care professional represents an imminent danger to an individual patient or to the public health, safety or welfare, or there is a determination of fraud. Upon request of the professional, the carrier is required to give the professional the reasons for the termination and an opportunity for a hearing before a three-member panel appointed by the carrier, at least one member of which is a clinical peer in the same discipline and same or similar specialty as the health care professional being reviewed;

- provides that a participating health care provider shall not be penalized or have his contract terminated because the health care provider acts as an advocate for the patient in seeking appropriate, medically necessary covered health care services, and prohibits any

provision in a provider's contract that provides financial incentives for withholding covered health care services that are medically necessary, in the opinion of the medical director. Also, the contract shall protect the ability of a health care provider to communicate openly with a patient about all appropriate diagnostic testing and treatment options;

- requires carriers which offer a managed care plan to offer a point-of-service plan rider to all contract holders (typically an employer or purchaser of a health benefits plan) which would allow a covered person to receive covered health care services from out-of-network providers without having to obtain a referral or prior authorization from the carrier. The subscriber may be required to pay a higher deductible or copayment and higher premium for the rider;

- establishes the Independent Health Care Appeals Program in the Department of Health and Senior Services to ensure that carriers which are under increasing pressure to contain costs, do not achieve their cost containment goals by providing less care than is medically appropriate. The program will provide an independent medical necessity or appropriateness of services review of final decisions by carriers to deny, reduce or terminate benefits in the event the final decision is contested by the covered person. Under the program, the Commissioner of Health and Senior Services will contract with one or more independent utilization review organizations in the State that meet the requirements of this substitute to conduct the appeal reviews. All carriers would be required to provide the department with a description of the carrier's internal patient appeals process available to covered persons to contest a denial, reduction or termination of benefits.

The appeals program will not require carriers to provide services not otherwise covered under the health benefits plan, and the program will not consider appeals about coverage of particular pharmaceutical products; it will focus only on covered services. The program would be funded by the carriers based on a schedule of fees established by the commissioner;

- requires a carrier which offers a managed care plan to comply with Department of Health and Senior Services reporting requirements with respect to quality outcomes measures of health care services and independent consumer satisfaction surveys. The department will make available to the public, results of the surveys and its analysis of the quality outcomes measures to enable consumers to choose the most appropriate health benefits plan. Funding for department oversight and administration of the provisions of the substitute and the independent consumer satisfaction surveys and analyses of outcome measures will come from the hospital and other health care initiatives account in the Health Care Subsidy Fund pursuant to section 12 of P.L.1992, c.160 (C.26:2H-18.62);

- provides that the penalty for violations of the substitute shall be between \$250 and \$10,000 for each day that the violation continues, and increases the penalties in the law governing health maintenance

organizations, P.L.1973, c.337, to these same amounts. The substitute also provides that reasonable notice in writing be given to the carrier of the intent to levy the penalty and, at the discretion of the commissioner, the carrier would have 30 days or such additional time as the commissioner shall determine to be reasonable, to remedy the condition which gave rise to the violation;

- supplements the "Health Maintenance Organizations Act" to authorize the Commissioner of Banking and Insurance to conduct an examination of a health maintenance organization as often as he deems necessary in order to protect the interests of providers, contract holders, members, and the residents of this State;

- require employers in the State who provide a comprehensive self-funded health benefits plan to their employees to annually notify the employees that they are covered by a self-insured plan that is not subject to regulation by the State, and specify which mandated health insurance benefits, such as a minimum of 48 or 96 hours inpatient care following childbirth and benefits for treatment of diabetes, are covered by the self-insured plan; and

- directs the Commissioners of Health and Senior Services and Banking and Insurance to develop recommendations and report to the Legislature and Governor within one year on the issue of regulating health care or managed care entities that seek to contract directly with employees or other purchasers on a risk-assuming basis.

As reported by the committee, this substitute is identical to the Assembly Committee Substitute for Assembly Bill Nos. 2420, 2623 and 2668 which was reported by the Assembly Health Committee on March 10, 1997.

SENATE HEALTH COMMITTEE

STATEMENT TO

SENATE, No. 269

with committee amendments

STATE OF NEW JERSEY

DATED: MARCH 14, 1996

The Senate Health Committee reports favorably Senate Bill No. 269 with committee amendments.

As amended by committee, this bill, which is designated the "Health Care Quality Act," provides various consumer safeguards with respect to health insurance and the operation of managed care plans.

Specifically, the bill:

- requires managed care plans, indemnity carriers and network contractors (entities, such as preferred provider organizations or PPOs, that establish health care provider networks for managed care plans) to register with the Department of Health;

- requires managed care plans and indemnity carriers to disclose to covered persons, in writing, in easily understandable language, at the time of enrollment and annually thereafter, the terms and conditions of the health benefits plan, which information shall include a description of:

- a. covered services and benefits to which the covered person is entitled;

- b. treatment policies and restrictions or limitations on covered services and benefits, including, but not limited to, physical and occupational therapy services, clinical laboratory tests, hospital and surgical procedures, prescription drugs and biologics, radiological examinations and behavioral health services;

- c. financial responsibility of the covered person, including copayments and deductibles;

- d. prior authorization and any other review requirements with respect to accessing covered services;

- e. where and in what manner services or benefits may be obtained;

- f. changes in covered benefits, including any addition, reduction or elimination of specific benefits;

- g. the covered person's right to appeal and the procedure for initiating an appeal of a utilization management decision made by or on behalf of the managed care plan or carrier with respect to the denial, reduction or termination of a covered health care benefit or the denial of payment for a health care service;

h. the procedure to initiate an appeal pursuant to the provisions of Senate Bill No. 266 of 1996 which establishes the Statewide Independent Health Benefits Plan Appeals Program in the Department of Health; and

i. such other information as the commissioner shall require.

- requires managed care plans to also disclose to a prospective covered person, in writing, in easily understandable language, the following information at the time of enrollment and annually thereafter:

a. a participating provider directory providing information on a covered person's access to primary care physicians and specialists, including the number of available participating physicians, by provider category or specialty, and their professional office addresses;

b. general information about the financial incentives between participating physicians under contract with the managed care plan and other participating health care providers and facilities to which the participating physicians refer their managed care patients;

c. The percentage of the managed care plan's network physicians who are board certified; and

d. The managed care plan's standard for customary waiting times for appointments for urgent and routine care.

Also, upon request of a covered person, a managed care plan shall promptly inform the person whether a particular network physician is board certified and whether a particular network physician is currently accepting new patients.

- requires managed care plans and network contractors to have a medical director who is a licensed physician and who is responsible for treatment policies, protocols, quality assurance activities and utilization management decisions of the plan, in the case of a managed care plan, and quality assurance activities and utilization management decisions, in the case of a network contractor. The medical director, or his designee, shall be a New Jersey licensed physician and shall be designated to serve as the medical director for medical services provided to covered persons in the State. Also, quality assurance and utilization management programs shall be in accordance with standards adopted by the Department of Health;

- requires network contractors to maintain quality assurance and utilization management programs and provides that the network contractor may contract with payers for use of the programs for their managed care plans;

- requires managed care plans and network contractors to establish a policy governing the removal of health care providers which provides 90-days' notice for withdrawal of credentialing (if the withdrawal of credentialing occurs prior to the date of termination of the contract), unless there is a breach of contract or, in the opinion of the medical director, the health care provider represents an imminent danger to an individual patient or to the public health, safety or welfare;

- provides that a participating health care provider shall not be

penalized or have his contract terminated because the health care provider acts as an advocate for the patient in seeking appropriate, medically necessary covered health care benefits, and prohibits any provision in a provider's contract that provides financial incentives for withholding covered health care services that are medically necessary, in the opinion of the medical director. Also, the contract shall protect the ability of a health care provider to communicate openly with a patient about all appropriate diagnostic testing and treatment options;

- requires a managed care plan to offer a point-of-service option rider to all policy or contract holders which would allow a covered person to receive covered health care benefits from out-of-network providers without having to obtain a referral or prior authorization from the managed care plan. The covered person may be required to pay a higher deductible or copayment and higher premium for the plan option; and

- provides that the penalty for violations of the bill shall be between \$250 and \$10,000 for each day the violation continues and increases the penalties in the law governing health maintenance organizations, P.L.1973, c.337, to these same amounts. The bill also provides that reasonable notice in writing be given to the managed care plan, network contractor, indemnity carrier or health maintenance organization of the intent to levy the penalty and the managed care plan, indemnity carrier, network contractor or health maintenance organization would have 30 days or such additional time as the commissioner shall determine to be reasonable, to remedy the condition which gave rise to the violation.

The committee amended the bill to:

- clarify the definition of "network contractor;"

- require that the managed care plan's or carrier's disclosure information for covered persons be written in easily understandable language and clarify when the information shall be provided to covered persons;

- delete the requirement that the plans disclose the percentage breakdown of premium dollars spent on benefits and on administration;

- add additional disclosure requirements concerning participating providers that must be provided to covered persons, including the percentage of the managed care plan's physicians who are board certified and the plan's standard for customary waiting times for appointments for urgent and routine care. Also, upon request, a plan will be required to inform a covered person whether a particular network physician is board certified or is currently accepting new patients;

- clarify that the medical director, or his designee, shall be a New Jersey licensed physician and shall be designated to serve as the medical director for medical services provided to residents of this State;

- require that quality assurance and utilization management programs shall be in accordance with standards adopted by the

Department of Health;

- clarify that utilization management decisions to deny, reduce or terminate a health care benefit shall be made by a physician with knowledge in the area of the health care practice, rather than the health care service, as the bill originally provided;

- provide that a managed care plan or network contractor establish a policy governing removal of health care providers, which includes hospitals and other health care facilities, as well as health care professionals. The bill originally provided that the policy cover only health care professionals;

- provide that contracts with participating providers also protect the ability of health care providers to communicate openly with patients about all appropriate testing and treatment options;

- clarify, regarding the point of service requirement, that a managed care plan shall offer the option as a rider to the basic managed care plan and exempt managed care plans that have been in operation for less than three years from the requirement to offer the point of service option; and

- provide managed care plans, network contractors, indemnity carriers and health maintenance organizations with notice of violations and 30 days to remedy the defect before a fine is levied by the Commissioner of Health.

This bill was prefiled for introduction in the 1996-97 session pending technical review. As reported, the bill includes the changes required by technical review which has been performed.

STATEMENT TO
SENATE COMMITTEE SUBSTITUTE FOR
SENATE, No. 269

with Senate Floor Amendments
(Proposed By Senator SINAGRA)

ADOPTED: MAY 22, 1997

These amendments clarify the language of section 7 of the substitute with respect to health care professionals' applications to participate in a carrier's managed care plan.

Amendments clarify that a carrier's contract with a health care provider shall state that the health care provider shall not be penalized or the contract terminated by the carrier because the health care provider acts as an advocate for the patient in seeking appropriate, medically necessary health care services, rather than covered health care services, as the substitute originally provided. Amendments also delete the phrase "in the opinion of the medical director" with respect to the prohibition on carrier contracts that provide financial incentives to withhold medically necessary services.

Amendments clarify that "point-of-service" may only be offered as a plan, deleting the term rider, to conform the substitute with recently adopted health maintenance organization (HMO) regulations and Department of Banking and Insurance policy. The amendments also exempt federally qualified, nonprofit HMOs from the requirement to offer the point-of-service plan and delete the exemption from this requirement for managed care plans that have been in operation in this State for less than three years.

Amendments provide that a carrier which offers a managed care plan utilizing a selective contracting arrangement approved in accordance with Department of Banking and Insurance regulations, that provides benefits for out-of-network providers, shall be deemed to be in compliance with this requirement. Also, an HMO affiliated with an insurance company authorized to issue health benefits plans in this State that offers point-of-service benefits exclusively through a point-of-service plan provided by the affiliated insurance company using a selective contracting arrangement, shall be deemed to be in compliance with this requirement if it offers the point-of-service plan to every contract holder as required in the substitute.

Amendments delete the provision that pharmaceutical products are not subject to the Independent Health Care Appeals Program. This amendment conforms the appeals program with the provisions of recently adopted HMO regulations.

Amendments also provide that the independent utilization review organization in the Independent Health Care Appeals Program shall

base its medical necessity reviews on applicable, generally accepted practice guidelines developed by the federal government, national or professional medical societies, boards or associations and any applicable clinical protocols or practice guidelines developed by the carrier, rather than available practice guidelines, as the substitute originally provided. This amendment conforms the provisions of the substitute with recently adopted HMO regulations governing independent patient appeals.

STATEMENT TO

[First Reprint]

SENATE COMMITTEE SUBSTITUTE FOR
SENATE, No. 269

with Assembly Floor Amendments
(Proposed By Assemblywoman VANDERVALK)

ADOPTED: JUNE 19, 1997

This amendment to subsection b. of section 9 of this committee substitute concerns the prohibition in a contract between a participating health care provider and a carrier offering a managed care plan against financial incentives for the provider to withhold medically necessary covered health care services.

The amendment provides that the medical necessity of covered health care services shall be determined in accordance with section 6 of the substitute, except that nothing in this subsection shall be construed to limit the use of capitated payment arrangements between a carrier and a health care provider.

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OFFICE OF THE GOVERNOR NEWS RELEASE

CN-004

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RELEASE: THURSDAY,
August 7, 1997

Gov. Christie Whitman Signs Act To Extend State HMO Consumer Protections to 1 Million More New Jerseyans

Gov. Christie Whitman today signed the Health Care Quality Act extending the state's HMO consumer protections to more than one million additional New Jerseyans covered by other forms of managed health care.

As well as bringing all managed care consumers under the same umbrella of protections, the new law also offers important benefits to senior citizens, physicians, members of self-funded insurance plans, and to consumers in traditional fee-for-service health care.

"I am proud to say that New Jersey is a leader in guarding consumers against the abuses of managed care," Whitman said. "The new HMO regulations, which we adopted in March and which protect about 2 million New Jerseyans, have become a national model for putting patients first."

"Today, we extend those first-class protections to another one million New Jerseyans in about three dozen different managed care plans offered by health insurance companies. Through the Health Care Quality Act, we will be able to assure more New Jersey families that they will get the medical treatment -- and the fair treatment -- they deserve."

The new legislation was sponsored by Senators Jack Sinagra (R-Middlesex) and John J. Matheussen (R-Camden/Gloucester) and Assembly Members Charlotte Vandervalk (R-Bergen); Paul DiGaetano (R-Bergen/Essex/Passaic); Neil M. Cohen (D-Union); Barbara Wright (R-Mercer/Middlesex); Paul Kramer (R-Mercer/Middlesex) and Joseph V. Doria, Jr. (D-Hudson). It covers HMOs as well as managed care plans sponsored by insurance companies. Thirty five health insurance companies that contract with preferred provider organizations (PPOs) will also be subject to the law.

"The new HMO rules have made a difference to consumers and this new law will, too," said Health and Senior Services Commissioner Len Fishman. "Although the HMO rules have been in effect for just a few months, we are getting more calls than we did previously from consumers because they are becoming more aware of their rights."

(more)

Among the protections offered by the Health Care Quality Act are:

- * Consumers have the right to appeal to an independent organization when medically necessary care that is covered by the consumer's health insurance plan has been denied or limited.
- * A managed care company's medical director, who is charged with decisions regarding the denial or limitation of medical services, must be a licensed physician.
- * The so-called "gag rule" has been eliminated. Doctors may discuss the full range of treatment options, even if they are not covered services.
- * Doctors may appeal to a three-physician panel any decision to prematurely terminate their contract. They may also request the reason for their termination in writing.

"This bill will protect doctors from having their managed care contracts unfairly terminated because they advocated medical treatment their patients need," Whitman said. "While it's important to keep medical costs under control, we can't allow anything to compromise the special relationship between a patient and his or her doctor. And when doctors are prematurely terminated, they will have the right to appeal and request reasons for termination in writing."

The law also offers assistance to consumers in traditional fee for service health plans, as well as those who receive their health benefits through an employer's self-funded plan. Those with traditional health coverage can now file an independent appeal of decisions to limit or deny medically necessary care. They also have the right to have these decisions made only by a physician.

About one-third of insured New Jerseyans receive health benefits through an employer's self-funded plan. Although federal law prohibits states from regulating these plans, this law requires employers to notify employees that they are covered by a self-funded plan. Employers must also disclose which of the state-mandated health insurance benefits, such as the minimum hospital stay for maternity or mastectomy, are not covered by the plan.

Seniors in Medicare HMOs are already covered by the state's HMO regulations. However, this new law will protect even more seniors now that the federal Balanced Budget Act of 1997 allows Medicare to offer beneficiaries additional managed care options.

As is the case with regulation of HMOs, the departments of Insurance and Health and Senior Services will share oversight of the other types of managed care organizations as a result of this bill. The Department of Health and Senior Services will monitor access and quality of care and the Department of Insurance will monitor fiscal matters and other insurance-related issues.

###

MANAGED CARE CONSUMER

BILL of RIGHTS

The right to obtain a current directory of doctors within the network

The right to have a choice of specialists following a referral

The right for consumers with chronic disabilities to be referred to specialists who are experienced in treating their disabilities

The right to have access to a primary care provider or a back-up 24 hours a day, 365 days a year for urgent care

The right to call 911 in a potentially life-threatening situation without prior approval from your HMO

The right to have an HMO pay for a medical screening exam in the emergency room to determine whether an emergency medical condition exists

The right to receive up to 120 days of continued coverage - If medically necessary - from a doctor who has been terminated by an HMO

The right to have a doctor make the decision to deny or limit your coverage

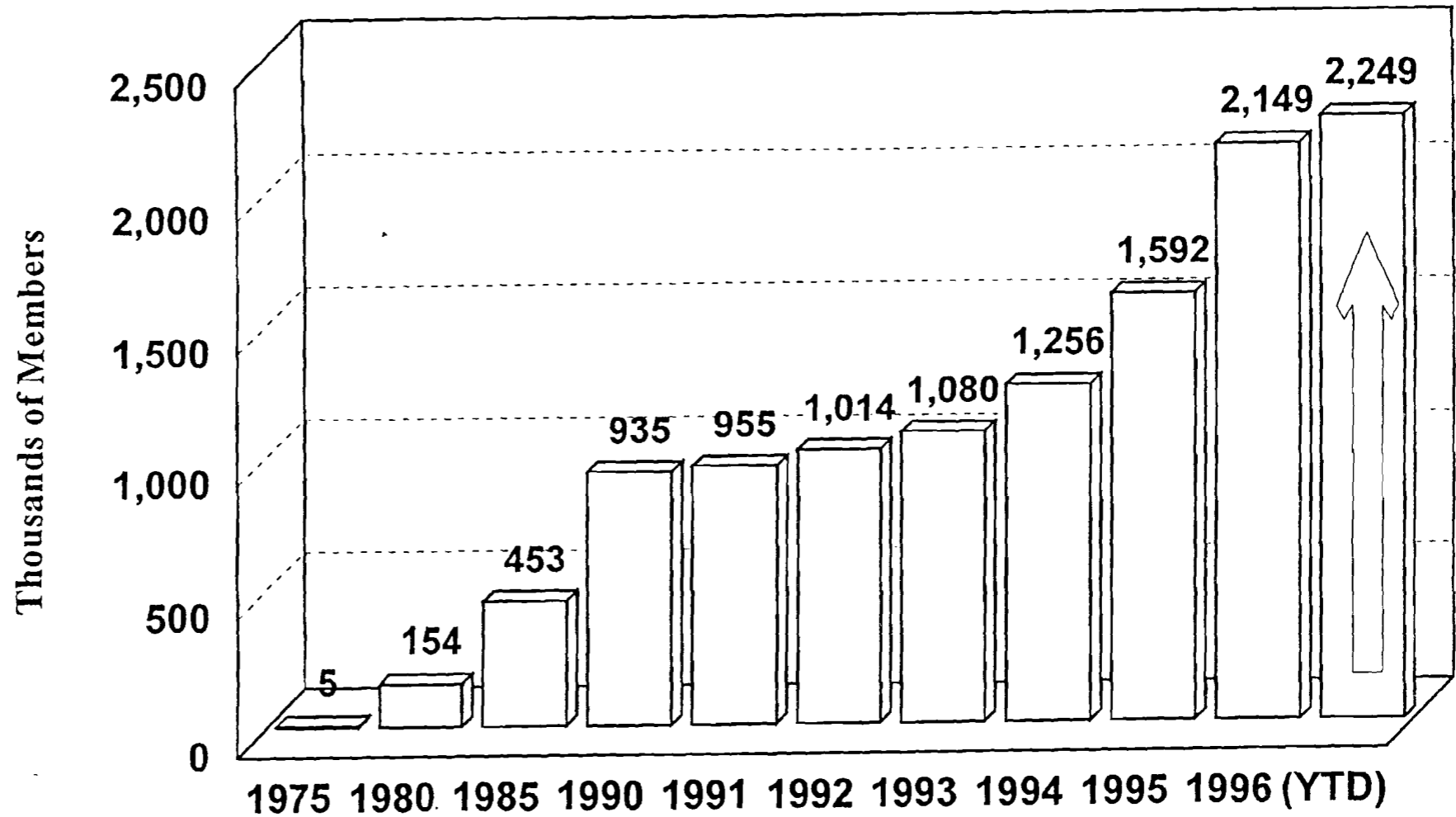
The right to have no "gag rules" in your HMO. Doctors are free to discuss all medical treatment options, even if they are not covered services

The right to know how your HMO pays their doctors, so you know if there are financial incentives or disincentives tied to medical decisions

The right to appeal a decision to deny or limit coverage, first within the HMO and then through an independent organization for a \$25 filing fee

The right to know you or your doctor cannot be penalized for filing a complaint or appeal

ENROLLMENT GROWTH IN NJ HMOs 1975-1997



MEDICARE HMO GROWTH

