### **LEGISLATIVE HISTORY CHECKLIST**

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### **CHAPTER: 19**

NJSA: 45:11-53 to 45:11-67 (Massage, Bodywork, and Somatic Therapist Certification Act)

**BILL NO:**A843 (Substituted for S1047 -- 2<sup>nd</sup> Reprint)

**SPONSOR(S):**Impreveduto and Kelly

**DATE INTRODUCED:** Pre-filed

COMMITTEE: ASSEMBLY:Consumer Affairs and Regulated Professions SENATE:~~~~

AMENDED DURING PASSAGE: Yes

DATE OF PASSAGE: ASSEMBLY:December 17, 1998 SENATE: December 17, 1998

DATE OF APPROVAL: February 8, 1999

### THE FOLLOWING ARE ATTACHED IF AVAILABLE:

**FINAL TEXT OF BILL:** *Yes2<sup>nd</sup>* Reprint (Amendments during passage denoted by superscript numbers)

### A843

### **<u>SPONSORS STATEMENT:</u>** Yes (Begins on page 6 of original bill.)

COMMITTEE STATEMENT: <u>ASSEMBLY:</u>Yes SENATE: No

**FLOOR AMENDMENT STATEMENTS: Yes** 

**LEGISLATIVE FISCAL ESTIMATE:** Yes

2<sup>nd</sup><u>REPRINT:</u> (Final version) Yes

#### ?

### **S1047**

**SPONSORS STATEMENT:** *Yes* (Begins on page 6 of original bill.) (Bill and Sponsor's Statement identical to A843)

COMMITTEE STATEMENT: ASSEMBLY: No <u>SENATE:</u> Yes

**FLOOR AMENDMENT STATEMENTS:** *Yes* (Identical to Floor Amendment Statement to A843)

**LEGISLATIVE FISCAL ESTIMATE:** *No* (Identical to LegislativeFiscal Statement to A843)

2<sup>nd</sup> <u>REPRINT:</u> (Final version) *Yes* 

### **S533**

**SPONSORS STATEMENT:** Yes (Begins on page 6 of original bill.) (WITHDRAWN)

### **GOVERNOR'S ACTIONS**

VETO MESSAGE: No

**GOVERNOR'S PRESS RELEASE ON SIGNING:** Yes

### THE FOLLOWING WERE PRINTED:

To check for circulating copies contact New Jersey State Government Publications at the State Library (609) 278-2640 ext. 102 or <u>refdesk@njstatelib.org</u>

**REPORTS:** No

HEARINGS: No

**NEWSPAPER ARTICLES:** "Whitman creates overseer for massage therapists," 2-9-99, Newark <u>Star Ledger</u>, p.16

§§1-15 C. 45:11-53 To 45:11-67 §16 Note To §§1-15

### P.L. 1999, CHAPTER 19, approved February 8, 1999 Assembly, No. 843 (Second Reprint)

AN ACT providing for the <sup>2</sup>[licensing] <u>certification</u><sup>2</sup> of massage, 1 2 bodywork and somatic therapists and supplementing P.L.1947, 3 c.262 (C.45:11-23 et seq.). 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State 6 of New Jersey: 7 1. This act shall be known and may be cited as the "Massage, 8 Bodywork and Somatic Therapist <sup>2</sup>[Licensing] <u>Certification</u><sup>2</sup> Act." 9 10 2. The Legislature finds and declares that: 11 a. the public interest requires the <sup>2</sup>[regulation of the practice of 12 massage, bodywork and somatic therapies and the ]<sup>2</sup> establishment of 13 clear <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> standards for massage, bodywork and 14 somatic therapists; 15 b. the health and welfare of the citizens of this State will be 16 protected by identifying to the public those individuals who are 17 <sup>2</sup>[best]<sup>2</sup> qualified to <sup>2</sup>[practice massage, bodywork and somatic 18 therapies] call themselves massage, bodywork and somatic therapists<sup>2</sup>; 19 20 and c. the regulation of massage, bodywork and somatic therapists will 21 22 benefit the public by encouraging it to take advantage of massage, 23 bodywork and somatic therapies as a viable complement to traditional medicine. 24 25 26 3. As used in this act: "Board" means the New Jersey Board of Nursing. 27 "Committee" means the Massage, Bodywork and Somatic Therapy 28 Examining Committee established pursuant to section  ${}^{2}$  [5]  $4^{2}$  of this 29 30 act. "Licensee" means any person who holds a <sup>2</sup>[license to practice 31 massage, bodywork and somatic therapies ] <u>certification</u><sup>2</sup> pursuant to 32 the provisions of this act. 33 "Massage, bodywork and somatic therapist" means a person 34 <sup>2</sup>[licensed to practice massage, bodywork and somatic therapies] 35

EXPLANATION - Matter enclosed in **bold-faced brackets** [thus] in the above bill is not enacted and intended to be omitted in the law.

Matter underlined <u>thus</u> is new matter.

Matter enclosed in superscript numerals has been adopted as follows:

<sup>&</sup>lt;sup>1</sup> Assembly ACP committee amendments adopted October 15, 1998.

<sup>&</sup>lt;sup>2</sup> Assembly floor amendments adopted November 23, 1998.

1 <u>certified</u><sup>2</sup> pursuant to the provisions of this act.

"Massage, bodywork and somatic therapies" or "massage, 2 3 bodywork and somatic" means systems of activity of structured touch 4 which include, but are not limited to, holding, applying pressure, 5 positioning and mobilizing soft tissue of the body by manual technique and use of visual, kinesthetic, auditory and palpating skills to assess 6 7 the body for purposes of applying therapeutic massage, bodywork or 8 somatic principles. Such application may include, but is not limited to, 9 the use of therapies such as heliotherapy or hydrotherapy, the use of 10 moist hot and cold external applications, external application of herbal or topical preparations not classified as prescription drugs, 11 <sup>1</sup>[movement and neural] <u>explaining and describing</u><sup>1</sup> myofascial 12 <sup>1</sup>[education] <u>movement</u><sup>1</sup>, <sup>1</sup>[and education in]<sup>1</sup> self-care and stress 13 management <sup>1</sup>as it relates to massage, bodywork and somatic 14 therapies<sup>1</sup>. Massage, bodywork and somatic therapy practices are 15 16 designed to affect the energetic system of the body for the purpose of 17 promoting and maintaining the health and well-being of the client. 18 Massage, bodywork and somatic therapies do not include the diagnosis 19 or treatment of illness, disease, impairment or disability.

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21 <sup>2</sup>[4. Nothing in this act shall be construed to prohibit any person 22 licensed to practice in this State under any other law from engaging in 23 the practice for which he is licensed or to prohibit any student enrolled 24 in a program of massage, bodywork and somatic therapies recognized 25 by the committee from performing massage, bodywork and somatic 26 therapies which is necessary to his course of study.]<sup>2</sup>

27

<sup>2</sup>[5.] <u>4.</u><sup>2</sup> a. There is created within the Division of Consumer 28 Affairs in the Department of Law and Public Safety, under the New 29 30 Jersey Board of Nursing, a Massage, Bodywork and Somatic Therapy Examining Committee. The committee shall consist of six members 31 who are residents of the State and are <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> massage, 32 bodywork and somatic therapists who have been actively engaged in 33 34 the practice of massage, bodywork and somatic therapies in this State 35 for at least five years immediately preceding their appointment, except 36 that the committee shall not have at any one time more than two members who practice a particular method and manner of treatment of 37 38 massage, bodywork and somatic therapies.

b. For a period of one year after the effective date of this act and
notwithstanding any other provisions of this act to the contrary, the
first six massage, bodywork and somatic therapists appointed as
members of the committee shall not be required, at the time of their
first appointment, to be <sup>2</sup>[licensed] certified<sup>2</sup> to practice massage,
bodywork and somatic therapies.

c. The Governor shall appoint each committee member with theadvice and consent of the Senate. The Governor shall appoint each

1 member for a term of three years, except that of the members first appointed, two shall serve for terms of three years, two shall serve for 2 3 terms of two years and two shall serve for a term of one year. Each 4 member shall hold office until his successor has been qualified. Any 5 vacancy in the membership of the committee shall be filled for the unexpired term in the manner provided for the original appointment. 6 7 No member of the committee may serve more than two successive terms in addition to any unexpired term to which he has been 8 9 appointed.

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<sup>2</sup>[6.] <u>5.</u><sup>2</sup> The members of the committee shall serve without
compensation. Members shall be reimbursed by the State Treasurer
for their actual expenses arising out of their service on the committee.
All reimbursements shall be paid from the revenues of the board.

- <sup>15</sup>
  <sup>2</sup>[7.] <u>6</u>.<sup>2</sup> The committee shall annually elect from among its members a chairman and a vice-chairman and may appoint a secretary, who need not be a member of the committee. The committee shall meet at least twice per year and may hold additional meetings as necessary to discharge its duties.
  - 21

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<sup>2</sup>[8.]  $\underline{7.}^2$  The committee shall:

a. Review the qualifications of applicants for <sup>2</sup>[licensure]
 24 <u>certification</u><sup>2</sup>;

b. Insure the proper conduct and standards of examinations;

c. Issue and renew <sup>2</sup>[licenses] <u>certificates of certification</u><sup>2</sup> to
 massage, bodywork and somatic therapists pursuant to this act;

d. Suspend, revoke or fail to renew the <sup>2</sup>[license] <u>certificate of</u>
<u>certification</u><sup>2</sup> of a massage, bodywork and somatic therapist pursuant
to the provisions of P.L.1978, c.73 (C.45:1-14 et seq.);

e. Establish any standards for the continuing education of licenseesas it deems necessary;

f. Prescribe or change the charges for examinations, <sup>2</sup>[licensures]
 <u>certifications</u><sup>2</sup>, renewals and other services performed pursuant to
 P.L.1974, c.46 (C.45:1-3.1 et seq.); and

g. Maintain a record of every massage, bodywork and somatic
therapist <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> in this State, and the date and number
of his <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup>, and publish a list of the
names and addresses of all licensees annually.

40

41 <sup>2</sup>[9.] <u>8.</u><sup>2</sup> To be eligible for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> as a
42 massage, bodywork and somatic therapist, an applicant shall <sup>1</sup><u>be of</u>
43 good moral character and<sup>1</sup> submit to the committee satisfactory
44 evidence of:

45 a. Successful completion of a minimum of 500 hours in class study

1 in the field of massage, bodywork and somatic therapies <sup>1</sup>approved by

2 <u>the committee</u><sup>1</sup>; or

b. Successful completion of the written examination offered by The 3 4 National Certification Board for Therapeutic Massage and Bodywork or a substantially equivalent examination approved by the committee 5 to determine the applicant's competence to <sup>2</sup>[practice massage, 6 bodywork and somatic therapies <u>call himself a massage, bodywork</u> 7 and somatic therapist<sup>2</sup>. The successful completion of any such 8 9 examination may have been accomplished before the effective date of 10 this act.

11

<sup>2</sup>[10.] <u>9.</u><sup>2</sup> For 720 days after the date procedures are established 12 by the committee for applying for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> under 13 section <sup>2</sup>[9] 8<sup>2</sup> of this act, any person who engaged in the full-time 14 practice, as determined by the committee, of massage, bodywork and 15 somatic therapies for two years preceding the enactment date of this 16 act, or <sup>1</sup>[any person who engaged]<sup>1</sup> in the part-time practice, as 17 determined by the committee, of massage, bodywork and somatic 18 19 therapies for five years preceding the enactment date of this act, <sup>1</sup> or any person who] and<sup>1</sup> has successfully completed <sup>1</sup>[1,000 hours in the 20 practice of massage, bodywork and somatic therapies with ]<sup>1</sup> a 21 minimum <sup>1</sup>[completion]<sup>1</sup> of 200 hours of education or training in 22 23 massage, bodywork and somatic therapies as determined by the committee, may acquire a <sup>2</sup>[license to practice massage, bodywork 24 and somatic therapies ] <u>certificate of certification</u><sup>2</sup> without satisfying 25 <sup>1</sup><u>either</u><sup>1</sup> the <sup>1</sup>[requirements] <u>education or examination requirement</u><sup>1</sup> 26 of section  ${}^{2}[9] \underline{8}^{2}$  of this act. 27

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<sup>2</sup>[11.]  $10.^{2}$  A fee to be determined by the committee shall 29 accompany each application for <sup>2</sup>[licensure]  $certification^{2}$ . 30 <sup>2</sup>[Licenses] <u>Certificates of certification</u><sup>2</sup> shall expire biennially and 31 32 may be renewed upon submission of a renewal application provided by the board and payment of a fee. If the renewal fee is not paid by that 33 date, the <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> shall automatically 34 expire, but may be renewed within two years of its expiration date on 35 payment to the board of a sum determined by the committee for each 36 year or part thereof during which the <sup>2</sup>[license] certificate of 37  $\underline{\operatorname{certification}}^{\mathbf{2}}$  was expired and an additional restoration fee. After a 38 two-year period, a <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> may only be 39 renewed by complying with the provisions of this act regarding initial 40 <sup>2</sup>[licensure] <u>certification</u><sup>2</sup>. 41

42

<sup>2</sup>[12.] <u>11.</u><sup>2</sup> The committee shall issue a <sup>2</sup>[license] <u>certificate of</u>
 <u>certification</u><sup>2</sup> to each applicant for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> as a
 massage, bodywork and somatic therapist who qualifies pursuant to

#### A843 [2R] 5

this act and any rules and regulations promulgated by the board and
who is not disqualified for <sup>2</sup>[licensure] certification<sup>2</sup> pursuant to the
provisions of P.L.1978, c.73 (C.45:1-14 et seq.).

4

<sup>2</sup>[13.] <u>12.</u><sup>2</sup> Upon payment to the board of a fee and the submission 5 of a written application on forms provided by it, the committee shall 6 issue without examination a <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> to 7 a massage, bodywork and somatic therapist who holds a valid license 8 9 or certification issued by another state or possession of the United 10 States or the District of Columbia which has education and experience 11 requirements substantially equivalent to the requirements of this act; provided, however, that the applicant has not previously failed any 12 examination referred to in section  ${}^{2}[9] \underline{8}^{2}$  of this act that is approved 13 by the committee, in which case <sup>2</sup>[licensing] the granting of 14  $\underline{\operatorname{certification}}^2$  shall be at the discretion of the committee. 15

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<sup>2</sup>[14.] <u>13.</u><sup>2</sup> Nothing in this act shall be construed to prohibit any 17 person from rendering massage, bodywork and somatic therapy 18 services, provided that person shall not be identified by the titles 19 "massage, bodywork and somatic therapist," "registered massage, 20 bodywork and somatic therapist,"<sup>2</sup>["licensed massage, bodywork and 21 somatic therapist," ] "certified massage, bodywork and somatic 22 therapist," "certified massage therapist,"<sup>2</sup> or the abbreviations "MBT," 23 "RMBT," <sup>2</sup>["LMBT," "LOBT," "LMT"] <u>"CMBT," "COBT," "CMT"</u><sup>2</sup> 24 unless <sup>2</sup>[licensed to practice massage, bodywork and somatic 25 therapies]  $\underline{\text{certified}}^2$  under the provisions of this act. 26

<sup>2</sup>[15.] <u>14.</u><sup>2</sup> Any person who holds a <sup>2</sup>[license] <u>certificate of</u> 28 certification<sup>2</sup> as a massage, bodywork and somatic therapist pursuant 29 to this act may use the title "massage, bodywork and somatic 30 therapist" or <sup>2</sup>["licensed massage, bodywork and somatic therapist,"] 31 "certified massage, bodywork and somatic therapist"<sup>2</sup> or the 32 abbreviations "MBT," <sup>2</sup>["LMBT," "LOBT"or "LMT."] <u>"CMBT,"</u> 33 "COBT," or "CMT."<sup>2</sup> Every holder of a <sup>2</sup>[license] <u>certificate of</u> 34 <u>certification<sup>2</sup></u> shall display it in a conspicuous place in his principal 35 office, place of business or employment. 36

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<sup>2</sup>[16.] <u>15.</u><sup>2</sup> The board, after consultation with the committee, shall
adopt rules and regulations pursuant to the "Administrative Procedure
Act," P.L.1968, c.410 (C.52:14B-1 et seq.) necessary to effectuate
the purposes of this act.

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43 <sup>2</sup>[17.] <u>16.</u><sup>2</sup> This act shall take effect on the 180th day after 44 enactment. A843 [2R] 6

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3 "Massage, Bodywork and Somatic Therapist Certification Act."

# ASSEMBLY, No. 843 STATE OF NEW JERSEY 208th LEGISLATURE

PRE-FILED FOR INTRODUCTION IN THE 1998 SESSION

Sponsored by: Assemblyman ANTHONY IMPREVEDUTO District 32 (Bergen and Hudson) Assemblyman JOHN V. KELLY District 36 (Bergen, Essex and Passaic)

**SYNOPSIS** 

"Massage, Bodywork and Somatic Therapist Licensing Act."

CURRENT VERSION OF TEXT As Introduced.



### A843 IMPREVEDUTO, KELLY

2

1 AN ACT providing for the licensing of massage, bodywork and somatic 2 therapists and supplementing P.L.1947, c.262 (C.45:11-23 et seq.). 3 4 **BE IT ENACTED** by the Senate and General Assembly of the State 5 of New Jersey: 6 1. This act shall be known and may be cited as the "Massage, 7 8 Bodywork and Somatic Therapist Licensing Act." 9 10 2. The Legislature finds and declares that: 11 a. the public interest requires the regulation of the practice of 12 massage, bodywork and somatic therapies and the establishment of 13 clear licensure standards for massage, bodywork and somatic 14 therapists; b. the health and welfare of the citizens of this State will be 15 protected by identifying to the public those individuals who are best 16 17 qualified to practice massage, bodywork and somatic therapies; and 18 c. the regulation of massage, bodywork and somatic therapists will 19 benefit the public by encouraging it to take advantage of massage, 20 bodywork and somatic therapies as a viable complement to traditional 21 medicine. 22 23 3. As used in this act: 24 "Board" means the New Jersey Board of Nursing. 25 "Committee" means the Massage, Bodywork and Somatic Therapy 26 Examining Committee established pursuant to section 5 of this act. "Licensee" means any person who holds a license to practice 27 28 massage, bodywork and somatic therapies pursuant to the provisions 29 of this act. 30 "Massage, bodywork and somatic therapist" means a person licensed to practice massage, bodywork and somatic therapies 31 32 pursuant to the provisions of this act. "Massage, bodywork and somatic therapies" or "massage, 33 bodywork and somatic" means systems of activity of structured touch 34 which include, but are not limited to, holding, applying pressure, 35 36 positioning and mobilizing soft tissue of the body by manual technique 37 and use of visual, kinesthetic, auditory and palpating skills to assess 38 the body for purposes of applying therapeutic massage, bodywork or 39 somatic principles. Such application may include, but is not limited to, 40 the use of therapies such as heliotherapy or hydrotherapy, the use of 41 moist hot and cold external applications, external application of herbal 42 or topical preparations not classified as prescription drugs, movement 43 and neural myofascial education, and education in self-care and stress 44 management. Massage, bodywork and somatic therapy practices are 45 designed to affect the energetic system of the body for the purpose of 46 promoting and maintaining the health and well-being of the client.

Massage, bodywork and somatic therapies do not include the diagnosis
 or treatment of illness, disease, impairment or disability.

3

4 4. Nothing in this act shall be construed to prohibit any person 5 licensed to practice in this State under any other law from engaging in 6 the practice for which he is licensed or to prohibit any student enrolled 7 in a program of massage, bodywork and somatic therapies recognized 8 by the committee from performing massage, bodywork and somatic 9 therapies which is necessary to his course of study.

10

5. a. There is created within the Division of Consumer Affairs in 11 the Department of Law and Public Safety, under the New Jersey Board 12 13 of Nursing, a Massage, Bodywork and Somatic Therapy Examining 14 Committee. The committee shall consist of six members who are residents of the State and are licensed massage, bodywork and somatic 15 therapists who have been actively engaged in the practice of massage, 16 bodywork and somatic therapies in this State for at least five years 17 18 immediately preceding their appointment, except that the committee 19 shall not have at any one time more than two members who practice 20 a particular method and manner of treatment of massage, bodywork 21 and somatic therapies.

b. For a period of one year after the effective date of this act and notwithstanding any other provisions of this act to the contrary, the first six massage, bodywork and somatic therapists appointed as members of the committee shall not be required, at the time of their first appointment, to be licensed to practice massage, bodywork and somatic therapies.

28 c. The Governor shall appoint each committee member with the 29 advice and consent of the Senate. The Governor shall appoint each 30 member for a term of three years, except that of the members first 31 appointed, two shall serve for terms of three years, two shall serve for 32 terms of two years and two shall serve for a term of one year. Each member shall hold office until his successor has been qualified. Any 33 34 vacancy in the membership of the committee shall be filled for the unexpired term in the manner provided for the original appointment. 35 No member of the committee may serve more than two successive 36 terms in addition to any unexpired term to which he has been 37 38 appointed.

39

6. The members of the committee shall serve without
compensation. Members shall be reimbursed by the State Treasurer
for their actual expenses arising out of their service on the committee.
All reimbursements shall be paid from the revenues of the board.

44

45 7. The committee shall annually elect from among its members a46 chairman and a vice-chairman and may appoint a secretary, who need

not be a member of the committee. The committee shall meet at least

2 twice per year and may hold additional meetings as necessary to 3 discharge its duties. 4 5 8. The committee shall: a. Review the qualifications of applicants for licensure; 6 7 b. Insure the proper conduct and standards of examinations; 8 c. Issue and renew licenses to massage, bodywork and somatic 9 therapists pursuant to this act; 10 d. Suspend, revoke or fail to renew the license of a massage, bodywork and somatic therapist pursuant to the provisions of 11 12 P.L.1978, c.73 (C.45:1-14 et seq.);

e. Establish any standards for the continuing education of licenseesas it deems necessary;

f. Prescribe or change the charges for examinations, licensures,
renewals and other services performed pursuant to P.L.1974, c.46
(C.45:1-3.1 et seq.); and

g. Maintain a record of every massage, bodywork and somatic
therapist licensed in this State, and the date and number of his license,
and publish a list of the names and addresses of all licensees annually.

9. To be eligible for licensure as a massage, bodywork and somatic
therapist, an applicant shall submit to the committee satisfactory
evidence of:

a. Successful completion of a minimum of 500 hours in class studyin the field of massage, bodywork and somatic therapies; or

b. Successful completion of the written examination offered by The
National Certification Board for Therapeutic Massage and Bodywork
or a substantially equivalent examination approved by the committee
to determine the applicant's competence to practice massage,
bodywork and somatic therapies. The successful completion of any
such examination may have been accomplished before the effective
date of this act.

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35 10. For 720 days after the date procedures are established by the committee for applying for licensure under section 9 of this act, any 36 person who engaged in the full-time practice, as determined by the 37 38 committee, of massage, bodywork and somatic therapies for two years 39 preceding the enactment date of this act, or any person who engaged 40 in the part-time practice, as determined by the committee, of massage, 41 bodywork and somatic therapies for five years preceding the enactment date of this act, or any person who has successfully 42 completed 1,000 hours in the practice of massage, bodywork and 43 somatic therapies with a minimum completion of 200 hours of 44 45 education or training in massage, bodywork and somatic therapies as determined by the committee, may acquire a license to practice 46

1 massage, bodywork and somatic therapies without satisfying the2 requirements of section 9 of this act.

3

4 11. A fee to be determined by the committee shall accompany each 5 application for licensure. Licenses shall expire biennially and may be renewed upon submission of a renewal application provided by the 6 board and payment of a fee. If the renewal fee is not paid by that date, 7 8 the license shall automatically expire, but may be renewed within two 9 years of its expiration date on payment to the board of a sum 10 determined by the committee for each year or part thereof during which the license was expired and an additional restoration fee. After 11 12 a two-year period, a license may only be renewed by complying with 13 the provisions of this act regarding initial licensure.

14
15 12. The committee shall issue a license to each applicant for
16 licensure as a massage, bodywork and somatic therapist who qualifies
17 pursuant to this act and any rules and regulations promulgated by the
18 board and who is not disqualified for licensure pursuant to the
19 provisions of P.L.1978, c.73 (C.45:1-14 et seq.).

20

21 13. Upon payment to the board of a fee and the submission of a 22 written application on forms provided by it, the committee shall issue without examination a license to a massage, bodywork and somatic 23 therapist who holds a valid license or certification issued by another 24 state or possession of the United States or the District of Columbia 25 which has education and experience requirements substantially 26 27 equivalent to the requirements of this act; provided, however, that the 28 applicant has not previously failed any examination referred to in 29 section 9 of this act that is approved by the committee, in which case licensing shall be at the discretion of the committee. 30

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32 14. Nothing in this act shall be construed to prohibit any person 33 from rendering massage, bodywork and somatic therapy services, 34 provided that person shall not be identified by the titles "massage, bodywork and somatic therapist," "registered massage, bodywork and 35 somatic therapist," "licensed massage, bodywork and somatic 36 therapist," or the abbreviations "MBT," "RMBT," "LMBT," "LOBT," 37 "LMT" unless licensed to practice massage, bodywork and somatic 38 39 therapies under the provisions of this act.

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Any person who holds a license as a massage, bodywork and
somatic therapist pursuant to this act may use the title "massage,
bodywork and somatic therapist" or "licensed massage, bodywork and
somatic therapist," or the abbreviations "MBT," "LMBT," "LOBT" or
"LMT." Every holder of a license shall display it in a conspicuous
place in his principal office, place of business or employment.

### A843 IMPREVEDUTO, KELLY

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1 16. The board, after consultation with the committee, shall adopt 2 rules and regulations pursuant to the "Administrative Procedure Act," 3 P.L.1968, c.410 (C.52:14B-1 et seq.) necessary to effectuate the 4 purposes of this act. 5 6 17. (New section) This act shall take effect on the 180th day after 7 enactment. 8 9 10 **STATEMENT** 11 12 This bill provides for the licensure of massage, bodywork and 13 somatic therapists and establishes a Massage, Bodywork and Somatic 14 Therapy Examining Committee under the New Jersey Board of 15 Nursing. The committee shall consist of six residents of this State who shall be appointed by the Governor with the advice and consent of the 16 The six committee members shall be licensed massage, 17 Senate. 18 bodywork and somatic therapists who have been actively engaged in 19 the practice of massage, bodywork and somatic therapies in the State 20 for at least five years immediately preceding their appointment, except 21 that the committee shall not have at any one time more than two 22 members who practice a particular method and manner of treatment of 23 massage, bodywork and somatic therapies. 24 The bill provides for the regulation and licensing of massage, 25 bodywork and somatic therapists, and establishes requirements and 26 standards for licensure. The bill defines massage, bodywork and 27 somatic therapy as systems of activity of structured touch which 28 include, but are not limited to, holding, applying pressure, positioning 29 and mobilizing soft tissue of the body by manual technique and use of 30 visual, kinesthetic, auditory and palpating skills to assess the body for 31 purposes of applying therapeutic massage, bodywork or somatic 32 principles. Such application may include, but is not limited to, the use 33 of therapies such as heliotherapy or hydrotherapy, the use of moist hot 34 and cold external applications, external application of herbal or topical preparations not classified as prescription drugs, movement and neural 35 myofascial education, and education in self-care and stress 36 37 management. Massage, bodywork and somatic therapy practices are 38 designed to affect the energetic system of the body for the purpose of 39 promoting and maintaining the health and well-being of the client. 40 The bill also provides that to be eligible for licensure as a massage, 41 bodywork and somatic therapist, an applicant shall submit to the 42 committee satisfactory evidence of successful completion of a

43 minimum of 500 hours in class study in the field of massage, bodywork
44 and somatic therapy or successful completion of the written
45 examination offered by The National Certification Board for
46 Therapeutic Massage and Bodywork or a substantially equivalent

1 examination approved by the committee to determine the applicant's

2 competence to practice massage, bodywork and somatic therapies.

3 The successful completion of any such examination may have been

4 accomplished before the effective date of this bill.

As provided in the bill, nothing in this act shall be construed to prohibit any person from rendering massage, bodywork and somatic therapy services, provided that person shall not be identified by the titles "massage, bodywork and somatic therapist," "registered massage, bodywork and somatic therapist," "licensed massage, bodywork and somatic therapist," or the abbreviations "MBT," "RMBT," "LMBT," LOBT" or "LMT" unless licensed to practice massage, bodywork and

12 somatic therapy under the provisions of the bill.

### ASSEMBLY CONSUMER AFFAIRS AND REGULATED PROFESSIONS COMMITTEE

### STATEMENT TO

### ASSEMBLY, No. 843

with committee amendments

## STATE OF NEW JERSEY

#### DATED: OCTOBER 15, 1998

The Assembly Consumer Affairs and Regulated Professions Committee reports favorably and with committee amendments Assembly Bill No. 843.

This bill, to be known as the "Massage, Bodywork and Somatic Therapist Licensing Act," provides for the licensure of massage, bodywork and somatic therapists and establishes a Massage, Bodywork and Somatic Therapy Examining Committee under the New Jersey Board of Nursing. The committee shall consist of six residents of this State who shall be appointed by the Governor with the advice and consent of the Senate. The six committee members shall be licensed massage, bodywork and somatic therapists who have been actively engaged in the practice of massage, bodywork and somatic therapies in the State for at least five years immediately preceding their appointment, except that the committee shall not have at any one time more than two members who practice a particular method and manner of treatment of massage, bodywork and somatic therapies.

The bill provides for the regulation and licensing of massage, bodywork and somatic therapists, and establishes requirements and standards for licensure. The bill defines massage, bodywork and somatic therapy as systems of activity of structured touch which include, but are not limited to, holding, applying pressure, positioning and mobilizing soft tissue of the body by manual technique and use of visual, kinesthetic, auditory and palpating skills to assess the body for purposes of applying therapeutic massage, bodywork or somatic principles. Such application may include, but is not limited to, the use of therapies such as heliotherapy or hydrotherapy, the use of moist hot and cold external applications, external application of herbal or topical preparations not classified as prescription drugs, explaining and describing myofascial movement, self-care and stress management as it relates to massage, bodywork and somatic therapies. Massage, bodywork and somatic therapy practices are designed to affect the energetic system of the body for the purpose of promoting and maintaining the health and well-being of the client. Massage,

bodywork and somatic therapies do not include the diagnosis or treatment of illness, disease, impairment or disability.

The bill also provides that to be eligible for licensure as a massage, bodywork and somatic therapist, an applicant shall be of good moral character and submit to the committee satisfactory evidence of successful completion of a minimum of 500 hours in class study in the field of massage, bodywork and somatic therapies approved by the committee or successful completion of the written examination offered by The National Certification Board for Therapeutic Massage and Bodywork, or a substantially equivalent examination approved by the committee, to determine the applicant's competence to practice massage, bodywork and somatic therapies. The successful completion of any such examination may have been accomplished before the effective date of this bill.

As provided in the bill, nothing in the bill shall be construed to prohibit any person from rendering massage, bodywork and somatic therapy services, provided that person shall not be identified by the titles "massage, bodywork and somatic therapist," "registered massage, bodywork and somatic therapist," "licensed massage, bodywork and somatic therapist," or the abbreviations "MBT," "RMBT," "LMBT," "LOBT" or "LMT" unless licensed to practice massage, bodywork and somatic therapies under the provisions of the bill.

For two years after the procedures are established for applying for licensure under the bill, a person who engaged in the full-time practice of massage, bodywork and somatic therapies for two years preceding the enactment date of this bill, or in the part-time practice of massage, bodywork and somatic therapies for five years preceding the enactment date of this bill, and has successfully completed a minimum of 200 hours of education or training in massage, bodywork and somatic therapies, may acquire a license to practice massage, bodywork and somatic therapies without satisfying either the education or examination requirement of the bill.

The bill requires the committee to issue a license to a person who applies and holds a valid massage, bodywork and somatic therapist license or certification issued by another state which has education and experience requirements substantially equivalent to the requirements of this bill.

The committee adopted amendments requiring that an applicant for licensure be of good moral character. In addition, the amendments make some revisions concerning eligibility for licensure in accordance with the "grandfather" provision and clarify the definition of "massage, bodywork and somatic therapies."

### STATEMENT TO

### [First Reprint] ASSEMBLY, No. 843

with Assembly Floor Amendments (Proposed By Assemblymen IMPREVEDUTO and KELLY)

### ADOPTED: NOVEMBER 23, 1998

These amendments provide for certification of massage, bodywork and somatic therapists rather than for the licensing of massage, bodywork and somatic therapists. In addition, the amendments specify the titles and abbreviations that only persons certified in accordance with the provisions of the bill may call themselves.

### LEGISLATIVE FISCAL ESTIMATE

### [Second Reprint] ASSEMBLY, No. 843

## STATE OF NEW JERSEY 208th LEGISLATURE

DATED: JANUARY 11, 1999

Assembly Bill No. 843 (2R) of 1998 creates a Massage, Bodywork and Somatic Therapy Examining Committee under the New Jersey Board of Nursing in the Division of Consumer Affairs in the Department of Law and Public Safety. The six-member committee would be appointed by the Governor and be responsible for the certification of practitioners of massage, bodywork and somatic therapies. These therapies are defined by the bill as systems of structured touch which include, but are not limited to, holding, applying pressure, positioning and mobilizing the soft tissue of the body.

Specific duties of the committee include reviewing the qualifications of applicants for certification, overseeing the conduct of examinations, establishing standards for continuing education of therapists, and maintaining a roster of licensees. Candidates for certification would be required by the bill to have completed 500 hours of class study in a relevant therapy or an approved apprenticeship program or to pass a written examination. The bill further provides that its provisions shall not be construed to prohibit a person from rendering massage, bodywork or somatic therapy services, provided that person does not identify himself as a certified or registered therapist.

The bill provides for the issuance of biennial certificates of certification and for the payment of certification application and renewal fees. Although the bill does not specify the amount of these fees, existing State law would allow the committee, as a component of the New Jersey Board of Nursing, to establish these fees at an amount sufficient to defray its proper expenses. The bill would take effect six months after its enactment.

The Division of Consumer Affairs informally estimated, in connection with a similar version of this bill introduced in the prior legislative session, that approximately 3,000 therapists would be certified under the bill, based on information provided by the National Certification Board of Therapeutic Massage and Bodywork. Based on

experience with implementing similar programs, the division estimated that the program created by that bill would not become operational until the third year after enactment. The division estimated that approximately \$50,000 per year would be required in the first two years as the certification process is phased in. This amount includes approximately \$23,000 in salaries and fringe benefits for an executive director (one day a week) and principal clerk (10.5 hours a week) and \$27,000 for other administrative costs. The division estimated that the examining committee's costs of implementation would climb to \$316,000 in the third year, primarily through the addition of a full time data entry clerk and payment for legal, enforcement and other services. The Office of Legislative Services (OLS) concurs with the division's estimate of the full operational cost of this certification program. However, OLS observes that two years appears to be an inordinately long startup period for this program, particularly considering that this bill's delayed effective date allows an additional six months for preparation.

Consequently, OLS estimates that this program should be operational in the second year after the bill's effective date. Based on the division's projection of 3,000 certified therapists, OLS estimates that a biennial certification and certification renewal fee of approximately \$210 will be required to defray program costs in the second year and beyond. Fees received as the program is phased-in should be adequate to cover the examining committee's startup costs in the first year.

This legislative fiscal estimate has been produced by the Office of Legislative Services due to the failure of the Executive Branch to respond to our request for a fiscal note.

This fiscal estimate has been prepared pursuant to P.L.1980, c.67.

## [Second Reprint] ASSEMBLY, No. 843 STATE OF NEW JERSEY 208th LEGISLATURE

PRE-FILED FOR INTRODUCTION IN THE 1998 SESSION

Sponsored by: Assemblyman ANTHONY IMPREVEDUTO District 32 (Bergen and Hudson) Assemblyman JOHN V. KELLY District 36 (Bergen, Essex and Passaic)

Co-Sponsored by: Senators Sinagra and Lynch

#### **SYNOPSIS**

"Massage, Bodywork and Somatic Therapist Certification Act."

**CURRENT VERSION OF TEXT** As amended by the General Assembly on November 23, 1998.



(Sponsorship Updated As Of: 12/18/1998)

AN ACT providing for the <sup>2</sup>[licensing] <u>certification</u><sup>2</sup> of massage, 1 bodywork and somatic therapists and supplementing P.L.1947, 2 3 c.262 (C.45:11-23 et seq.). 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State of New Jersey: 6 7 8 1. This act shall be known and may be cited as the "Massage, Bodywork and Somatic Therapist <sup>2</sup>[Licensing] Certification<sup>2</sup> Act." 9 10 2. The Legislature finds and declares that: 11 a. the public interest requires the <sup>2</sup>[regulation of the practice of 12 massage, bodywork and somatic therapies and the ]<sup>2</sup> establishment of 13 clear <sup>2</sup>[licensure] certification<sup>2</sup> standards for massage, bodywork and 14 somatic therapists; 15 16 b. the health and welfare of the citizens of this State will be protected by identifying to the public those individuals who are 17 <sup>2</sup>[best]<sup>2</sup> qualified to <sup>2</sup>[practice massage, bodywork and somatic 18 therapies] call themselves massage, bodywork and somatic therapists<sup>2</sup>; 19 20 and 21 c. the regulation of massage, bodywork and somatic therapists will 22 benefit the public by encouraging it to take advantage of massage, 23 bodywork and somatic therapies as a viable complement to traditional 24 medicine. 25 3. As used in this act: 26 "Board" means the New Jersey Board of Nursing. 27 "Committee" means the Massage, Bodywork and Somatic Therapy 28 Examining Committee established pursuant to section  ${}^{2}$  [5]  $\underline{4}^{2}$  of this 29 30 act. "Licensee" means any person who holds a <sup>2</sup>[license to practice 31 massage, bodywork and somatic therapies ] <u>certification</u><sup>2</sup> pursuant to 32 33 the provisions of this act. "Massage, bodywork and somatic therapist" means a person 34 <sup>2</sup>[licensed to practice massage, bodywork and somatic therapies] 35 <u>certified</u><sup>2</sup> pursuant to the provisions of this act. 36 37 "Massage, bodywork and somatic therapies" or "massage, bodywork and somatic" means systems of activity of structured touch 38 which include, but are not limited to, holding, applying pressure, 39 positioning and mobilizing soft tissue of the body by manual technique 40 EXPLANATION - Matter enclosed in bold-faced brackets [thus] in the above bill is not

enacted and intended to be omitted in the law.

Matter underlined thus is new matter.

Matter enclosed in superscript numerals has been adopted as follows:

Assembly ACP committee amendments adopted October 15, 1998.

<sup>&</sup>lt;sup>2</sup> Assembly floor amendments adopted November 23, 1998.

and use of visual, kinesthetic, auditory and palpating skills to assess 1 2 the body for purposes of applying therapeutic massage, bodywork or 3 somatic principles. Such application may include, but is not limited to, 4 the use of therapies such as heliotherapy or hydrotherapy, the use of moist hot and cold external applications, external application of herbal 5 or topical preparations not classified as prescription drugs, 6 <sup>1</sup>[movement and neural] <u>explaining and describing</u><sup>1</sup> myofascial 7 <sup>1</sup>[education] <u>movement</u><sup>1</sup>, <sup>1</sup>[and education in]<sup>1</sup> self-care and stress 8 management <sup>1</sup>as it relates to massage, bodywork and somatic 9 therapies<sup>1</sup>. Massage, bodywork and somatic therapy practices are 10 designed to affect the energetic system of the body for the purpose of 11 12 promoting and maintaining the health and well-being of the client. 13 Massage, bodywork and somatic therapies do not include the diagnosis 14 or treatment of illness, disease, impairment or disability. 15

16 <sup>2</sup>[4. Nothing in this act shall be construed to prohibit any person 17 licensed to practice in this State under any other law from engaging in 18 the practice for which he is licensed or to prohibit any student enrolled 19 in a program of massage, bodywork and somatic therapies recognized 20 by the committee from performing massage, bodywork and somatic 21 therapies which is necessary to his course of study.]<sup>2</sup>

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<sup>2</sup>[5.]  $\underline{4}$ .<sup>2</sup> a. There is created within the Division of Consumer 23 Affairs in the Department of Law and Public Safety, under the New 24 25 Jersey Board of Nursing, a Massage, Bodywork and Somatic Therapy Examining Committee. The committee shall consist of six members 26 who are residents of the State and are <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> massage, 27 28 bodywork and somatic therapists who have been actively engaged in 29 the practice of massage, bodywork and somatic therapies in this State 30 for at least five years immediately preceding their appointment, except 31 that the committee shall not have at any one time more than two members who practice a particular method and manner of treatment of 32 33 massage, bodywork and somatic therapies.

b. For a period of one year after the effective date of this act and notwithstanding any other provisions of this act to the contrary, the first six massage, bodywork and somatic therapists appointed as members of the committee shall not be required, at the time of their first appointment, to be <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> to practice massage, bodywork and somatic therapies.

c. The Governor shall appoint each committee member with the
advice and consent of the Senate. The Governor shall appoint each
member for a term of three years, except that of the members first
appointed, two shall serve for terms of three years, two shall serve for
terms of two years and two shall serve for a term of one year. Each
member shall hold office until his successor has been qualified. Any
vacancy in the membership of the committee shall be filled for the

#### A843 [2R] IMPREVEDUTO, KELLY

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unexpired term in the manner provided for the original appointment. 1 2 No member of the committee may serve more than two successive terms in addition to any unexpired term to which he has been 3 4 appointed. 5 <sup>2</sup>[6.] <u>5.</u><sup>2</sup> The members of the committee shall serve without 6 compensation. Members shall be reimbursed by the State Treasurer 7 8 for their actual expenses arising out of their service on the committee. All reimbursements shall be paid from the revenues of the board. 9 10 <sup>2</sup>[7.] <u>6.</u><sup>2</sup> The committee shall annually elect from among its 11 members a chairman and a vice-chairman and may appoint a secretary, 12 who need not be a member of the committee. The committee shall 13 14 meet at least twice per year and may hold additional meetings as necessary to discharge its duties. 15 16 <sup>2</sup>[8.] <u>7.</u><sup>2</sup> The committee shall: 17 Review the qualifications of applicants for <sup>2</sup>[licensure] 18 a. <u>certification</u><sup>2</sup>; 19 b. Insure the proper conduct and standards of examinations; 20 c. Issue and renew <sup>2</sup>[licenses] <u>certificates of certification</u><sup>2</sup> to 21 massage, bodywork and somatic therapists pursuant to this act; 22 d. Suspend, revoke or fail to renew the <sup>2</sup>[license] <u>certificate of</u> 23 certification<sup>2</sup> of a massage, bodywork and somatic therapist pursuant 24 25 to the provisions of P.L.1978, c.73 (C.45:1-14 et seq.); e. Establish any standards for the continuing education of licensees 26 27 as it deems necessary; f. Prescribe or change the charges for examinations, <sup>2</sup>[licensures] 28 certifications<sup>2</sup>, renewals and other services performed pursuant to 29 P.L.1974, c.46 (C.45:1-3.1 et seq.); and 30 g. Maintain a record of every massage, bodywork and somatic 31 therapist <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> in this State, and the date and number 32 of his <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup>, and publish a list of the 33 names and addresses of all licensees annually. 34 35 <sup>2</sup>[9.] <u>8.</u><sup>2</sup> To be eligible for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> as a 36 massage, bodywork and somatic therapist, an applicant shall <sup>1</sup>be of 37 38 good moral character and<sup>1</sup> submit to the committee satisfactory 39 evidence of: 40 a. Successful completion of a minimum of 500 hours in class study in the field of massage, bodywork and somatic therapies <sup>1</sup>approved by 41 the committee<sup>1</sup>; or 42 b. Successful completion of the written examination offered by The 43 National Certification Board for Therapeutic Massage and Bodywork 44 45 or a substantially equivalent examination approved by the committee

to determine the applicant's competence to <sup>2</sup>[practice massage,
bodywork and somatic therapies] call himself a massage, bodywork
and somatic therapist<sup>2</sup>. The successful completion of any such
examination may have been accomplished before the effective date of
this act.

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<sup>2</sup>[10.] <u>9.</u><sup>2</sup> For 720 days after the date procedures are established 7 by the committee for applying for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> under 8 section <sup>2</sup>[9]  $\underline{8}^2$  of this act, any person who engaged in the full-time 9 practice, as determined by the committee, of massage, bodywork and 10 somatic therapies for two years preceding the enactment date of this 11 act, or <sup>1</sup>[any person who engaged]<sup>1</sup> in the part-time practice, as 12 determined by the committee, of massage, bodywork and somatic 13 therapies for five years preceding the enactment date of this act, <sup>1</sup>[or 14 any person who] and<sup>1</sup> has successfully completed <sup>1</sup>[1,000 hours in the 15 16 practice of massage, bodywork and somatic therapies with]<sup>1</sup> a minimum <sup>1</sup>[completion]<sup>1</sup> of 200 hours of education or training in 17 18 massage, bodywork and somatic therapies as determined by the 19 committee, may acquire a <sup>2</sup>[license to practice massage, bodywork and somatic therapies] certificate of certification<sup>2</sup> without satisfying 20 <sup>1</sup><u>either</u><sup>1</sup> the <sup>1</sup>[requirements] <u>education or examination requirement</u><sup>1</sup> 21 of section  ${}^{2}[9] \underline{8}^{2}$  of this act. 22

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<sup>2</sup>[11.]  $10.^{2}$  A fee to be determined by the committee shall 24 accompany each application for <sup>2</sup>[licensure]  $certification^{2}$ . 25 <sup>2</sup>[Licenses] <u>Certificates of certification</u><sup>2</sup> shall expire biennially and 26 may be renewed upon submission of a renewal application provided by 27 the board and payment of a fee. If the renewal fee is not paid by that 28 date, the <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> shall automatically 29 expire, but may be renewed within two years of its expiration date on 30 31 payment to the board of a sum determined by the committee for each year or part thereof during which the <sup>2</sup>[license] certificate of 32  $\underline{\operatorname{certification}}^{\mathbf{2}}$  was expired and an additional restoration fee. After a 33 two-year period, a <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> may only be 34 renewed by complying with the provisions of this act regarding initial 35 <sup>2</sup>[licensure] <u>certification</u><sup>2</sup>. 36

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<sup>2</sup>[12.] <u>11.</u><sup>2</sup> The committee shall issue a <sup>2</sup>[license] <u>certificate of</u> <u>certification</u><sup>2</sup> to each applicant for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> as a massage, bodywork and somatic therapist who qualifies pursuant to this act and any rules and regulations promulgated by the board and who is not disqualified for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> pursuant to the provisions of P.L.1978, c.73 (C.45:1-14 et seq.).

<sup>2</sup>[13.] <u>12.</u><sup>2</sup> Upon payment to the board of a fee and the submission 1 of a written application on forms provided by it, the committee shall 2 issue without examination a <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> to 3 a massage, bodywork and somatic therapist who holds a valid license 4 5 or certification issued by another state or possession of the United States or the District of Columbia which has education and experience 6 7 requirements substantially equivalent to the requirements of this act; 8 provided, however, that the applicant has not previously failed any examination referred to in section  ${}^{2}[9] \underline{8}^{2}$  of this act that is approved 9 by the committee, in which case <sup>2</sup>[licensing] the granting of 10 <u>certification</u><sup>2</sup> shall be at the discretion of the committee. 11

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<sup>2</sup>[14.] <u>13.</u><sup>2</sup> Nothing in this act shall be construed to prohibit any 13 person from rendering massage, bodywork and somatic therapy 14 services, provided that person shall not be identified by the titles 15 16 "massage, bodywork and somatic therapist," "registered massage, bodywork and somatic therapist,"<sup>2</sup>["licensed massage, bodywork and 17 somatic therapist," <u>"certified massage, bodywork and somatic</u> 18 therapist," "certified massage therapist,"<sup>2</sup> or the abbreviations "MBT," 19 "RMBT," **<sup>2</sup>[**"LMBT," "LOBT," "LMT"**]** <u>"CMBT," "COBT," "CMT"</u><sup>2</sup> 20 unless <sup>2</sup>[licensed to practice massage, bodywork and somatic 21 therapies]  $\underline{\text{certified}}^2$  under the provisions of this act. 22

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<sup>2</sup>[15.] 14.<sup>2</sup> Any person who holds a <sup>2</sup>[license] certificate of 24 certification<sup>2</sup> as a massage, bodywork and somatic therapist pursuant 25 26 to this act may use the title "massage, bodywork and somatic therapist" or <sup>2</sup>["licensed massage, bodywork and somatic therapist,"] 27 "certified massage, bodywork and somatic therapist"<sup>2</sup> or the 28 abbreviations "MBT," <sup>2</sup>["LMBT," "LOBT"or "LMT."] <u>"CMBT,"</u> 29 "COBT," or "CMT."<sup>2</sup> Every holder of a <sup>2</sup>[license] <u>certificate of</u> 30 certification<sup>2</sup> shall display it in a conspicuous place in his principal 31 32 office, place of business or employment.

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<sup>2</sup>[16.] <u>15.</u><sup>2</sup> The board, after consultation with the committee, shall
adopt rules and regulations pursuant to the "Administrative Procedure
Act," P.L.1968, c.410 (C.52:14B-1 et seq.) necessary to effectuate
the purposes of this act.

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<sup>2</sup>[17.] <u>16.</u><sup>2</sup> This act shall take effect on the 180th day after
 enactment.

# SENATE, No. 1047 STATE OF NEW JERSEY 208th LEGISLATURE

INTRODUCED MAY 14, 1998

Sponsored by: Senator JACK SINAGRA District 18 (Middlesex) Senator JOHN A. LYNCH District 17 (Middlesex, Somerset and Union)

#### **SYNOPSIS**

"Massage, Bodywork and Somatic Therapist Licensing Act."

**CURRENT VERSION OF TEXT** As introduced.



1 AN ACT providing for the licensing of massage, bodywork and somatic 2 therapists and supplementing P.L.1947, c.262 (C.45:11-23 et seq.). 3 4 **BE IT ENACTED** by the Senate and General Assembly of the State 5 of New Jersey: 6 1. This act shall be known and may be cited as the "Massage, 7 8 Bodywork and Somatic Therapist Licensing Act." 9 10 2. The Legislature finds and declares that: 11 a. the public interest requires the regulation of the practice of massage, bodywork and somatic therapies and the establishment of 12 13 clear licensure standards for massage, bodywork and somatic 14 therapists; b. the health and welfare of the citizens of this State will be 15 protected by identifying to the public those individuals who are best 16 17 qualified to practice massage, bodywork and somatic therapies; and 18 c. the regulation of massage, bodywork and somatic therapists will 19 benefit the public by encouraging it to take advantage of massage, 20 bodywork and somatic therapies as a viable complement to traditional medicine. 21 22 3. As used in this act: 23 24 "Board" means the New Jersey Board of Nursing. 25 "Committee" means the Massage, Bodywork and Somatic Therapy 26 Examining Committee established pursuant to section 5 of this act. "Licensee" means any person who holds a license to practice 27 28 massage, bodywork and somatic therapies pursuant to the provisions 29 of this act. 30 "Massage, bodywork and somatic therapist" means a person licensed to practice massage, bodywork and somatic therapies 31 32 pursuant to the provisions of this act. "Massage, bodywork and somatic therapies" or "massage, 33 bodywork and somatic" means systems of activity of structured touch 34 which include, but are not limited to, holding, applying pressure, 35 36 positioning and mobilizing soft tissue of the body by manual technique 37 and use of visual, kinesthetic, auditory and palpating skills to assess 38 the body for purposes of applying therapeutic massage, bodywork or 39 somatic principles. Such application may include, but is not limited to, 40 the use of therapies such as heliotherapy or hydrotherapy, the use of 41 moist hot and cold external applications, external application of herbal 42 or topical preparations not classified as prescription drugs, movement 43 and neural myofascial education, and education in self-care and stress 44 management. Massage, bodywork and somatic therapy practices are 45 designed to affect the energetic system of the body for the purpose of promoting and maintaining the health and well-being of the client. 46

Massage, bodywork and somatic therapies do not include the diagnosis
 or treatment of illness, disease, impairment or disability.

3

4. Nothing in this act shall be construed to prohibit any person
5 licensed to practice in this State under any other law from engaging in
6 the practice for which he is licensed or to prohibit any student enrolled
7 in a program of massage, bodywork and somatic therapies recognized
8 by the committee from performing massage, bodywork and somatic
9 therapies which is necessary to his course of study.

10

5. a. There is created within the Division of Consumer Affairs in 11 the Department of Law and Public Safety, under the New Jersey Board 12 of Nursing, a Massage, Bodywork and Somatic Therapy Examining 13 14 Committee. The committee shall consist of six members who are 15 residents of the State and are licensed massage, bodywork and somatic therapists who have been actively engaged in the practice of massage, 16 17 bodywork and somatic therapies in this State for at least five years 18 immediately preceding their appointment, except that the committee shall not have at any one time more than two members who practice 19 20 a particular method and manner of treatment of massage, bodywork 21 and somatic therapies.

b. For a period of one year after the effective date of this act and notwithstanding any other provisions of this act to the contrary, the first six massage, bodywork and somatic therapists appointed as members of the committee shall not be required, at the time of their first appointment, to be licensed to practice massage, bodywork and somatic therapies.

28 c. The Governor shall appoint each committee member with the 29 advice and consent of the Senate. The Governor shall appoint each 30 member for a term of three years, except that of the members first 31 appointed, two shall serve for terms of three years, two shall serve for 32 terms of two years and two shall serve for a term of one year. Each 33 member shall hold office until his successor has been qualified. Any 34 vacancy in the membership of the committee shall be filled for the unexpired term in the manner provided for the original appointment. 35 No member of the committee may serve more than two successive 36 37 terms in addition to any unexpired term to which he has been 38 appointed.

39

6. The members of the committee shall serve without
compensation. Members shall be reimbursed by the State Treasurer
for their actual expenses arising out of their service on the committee.
All reimbursements shall be paid from the revenues of the board.

45 7. The committee shall annually elect from among its members a46 chairman and a vice-chairman and may appoint a secretary, who need

not be a member of the committee. The committee shall meet at least

twice per year and may hold additional meetings as necessary to

1 2

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discharge its duties.

4 5 8. The committee shall: 6 a. Review the qualifications of applicants for licensure; b. Insure the proper conduct and standards of examinations; 7 8 c. Issue and renew licenses to massage, bodywork and somatic 9 therapists pursuant to this act; 10 d. Suspend, revoke or fail to renew the license of a massage, bodywork and somatic therapist pursuant to the provisions of 11 12 P.L.1978, c.73 (C.45:1-14 et seq.); 13 e. Establish any standards for the continuing education of licensees 14 as it deems necessary; 15 f. Prescribe or change the charges for examinations, licensures, renewals and other services performed pursuant to P.L.1974, c.46 16 17 (C.45:1-3.1 et seq.); and g. Maintain a record of every massage, bodywork and somatic 18 therapist licensed in this State, and the date and number of his license, 19 and publish a list of the names and addresses of all licensees annually. 20 21 22 9. To be eligible for licensure as a massage, bodywork and somatic 23 therapist, an applicant shall submit to the committee satisfactory evidence of: 24 a. Successful completion of a minimum of 500 hours in class study 25 26 in the field of massage, bodywork and somatic therapies; or 27 b. Successful completion of the written examination offered by The 28 National Certification Board for Therapeutic Massage and Bodywork 29 or a substantially equivalent examination approved by the committee to determine the applicant's competence to practice massage, 30 bodywork and somatic therapies. The successful completion of any 31 32 such examination may have been accomplished before the effective date of this act. 33 34 35 10. For 720 days after the date procedures are established by the committee for applying for licensure under section 9 of this act, any 36 person who engaged in the full-time practice, as determined by the 37 38 committee, of massage, bodywork and somatic therapies for two years 39 preceding the enactment date of this act, or any person who engaged 40 in the part-time practice, as determined by the committee, of massage, 41 bodywork and somatic therapies for five years preceding the enactment date of this act, or any person who has successfully 42 completed 1,000 hours in the practice of massage, bodywork and 43 somatic therapies with a minimum completion of 200 hours of 44

education or training in massage, bodywork and somatic therapies asdetermined by the committee, may acquire a license to practice

1 massage, bodywork and somatic therapies without satisfying the2 requirements of section 9 of this act.

3

4 11. A fee to be determined by the committee shall accompany each 5 application for licensure. Licenses shall expire biennially and may be renewed upon submission of a renewal application provided by the 6 board and payment of a fee. If the renewal fee is not paid by that date, 7 8 the license shall automatically expire, but may be renewed within two 9 years of its expiration date on payment to the board of a sum 10 determined by the committee for each year or part thereof during which the license was expired and an additional restoration fee. After 11 12 a two-year period, a license may only be renewed by complying with 13 the provisions of this act regarding initial licensure.

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15 12. The committee shall issue a license to each applicant for 16 licensure as a massage, bodywork and somatic therapist who qualifies 17 pursuant to this act and any rules and regulations promulgated by the 18 board and who is not disqualified for licensure pursuant to the 19 provisions of P.L.1978, c.73 (C.45:1-14 et seq.).

20

21 13. Upon payment to the board of a fee and the submission of a 22 written application on forms provided by it, the committee shall issue 23 without examination a license to a massage, bodywork and somatic therapist who holds a valid license or certification issued by another 24 state or possession of the United States or the District of Columbia 25 which has education and experience requirements substantially 26 27 equivalent to the requirements of this act; provided, however, that the 28 applicant has not previously failed any examination referred to in 29 section 9 of this act that is approved by the committee, in which case licensing shall be at the discretion of the committee. 30

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32 14. Nothing in this act shall be construed to prohibit any person 33 from rendering massage, bodywork and somatic therapy services, 34 provided that person shall not be identified by the titles "massage, bodywork and somatic therapist," "registered massage, bodywork and 35 somatic therapist," "licensed massage, bodywork and somatic 36 therapist," or the abbreviations "MBT," "RMBT," "LMBT," "LOBT," 37 "LMT" unless licensed to practice massage, bodywork and somatic 38 39 therapies under the provisions of this act.

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41 15. Any person who holds a license as a massage, bodywork and
42 somatic therapist pursuant to this act may use the title "massage,
43 bodywork and somatic therapist" or "licensed massage, bodywork and
44 somatic therapist," or the abbreviations "MBT," "LMBT," "LOBT" or
45 "LMT." Every holder of a license shall display it in a conspicuous
46 place in his principal office, place of business or employment.

#### S1047 SINAGRA, LYNCH 6

1 16. The board, after consultation with the committee, shall adopt 2 rules and regulations pursuant to the "Administrative Procedure Act," 3 P.L.1968, c.410 (C.52:14B-1 et seq.) necessary to effectuate the 4 purposes of this act. 5 6

17. This act shall take effect on the 180th day after enactment.

7 8 9

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#### **STATEMENT**

11 This bill provides for the licensure of massage, bodywork and 12 somatic therapists and establishes a Massage, Bodywork and Somatic 13 Therapy Examining Committee under the New Jersey Board of 14 Nursing. The committee shall consist of six residents of this State who 15 shall be appointed by the Governor with the advice and consent of the Senate. The six committee members shall be licensed massage, 16 17 bodywork and somatic therapists who have been actively engaged in the practice of massage, bodywork and somatic therapies in the State 18 19 for at least five years immediately preceding their appointment, except 20 that the committee shall not have at any one time more than two 21 members who practice a particular method and manner of treatment of 22 massage, bodywork and somatic therapies.

23 The bill provides for the regulation and licensing of massage, bodywork and somatic therapists, and establishes requirements and 24 25 standards for licensure. The bill defines massage, bodywork and 26 somatic therapy as systems of activity of structured touch which 27 include, but are not limited to, holding, applying pressure, positioning 28 and mobilizing soft tissue of the body by manual technique and use of 29 visual, kinesthetic, auditory and palpating skills to assess the body for 30 purposes of applying therapeutic massage, bodywork or somatic 31 principles. Such application may include, but is not limited to, the use 32 of therapies such as heliotherapy or hydrotherapy, the use of moist hot 33 and cold external applications, external application of herbal or topical 34 preparations not classified as prescription drugs, movement and neural myofascial education, and education in self-care and stress 35 management. Massage, bodywork and somatic therapy practices are 36 designed to affect the energetic system of the body for the purpose of 37 38 promoting and maintaining the health and well-being of the client.

39 The bill also provides that to be eligible for licensure as a massage, 40 bodywork and somatic therapist, an applicant shall submit to the 41 committee satisfactory evidence of successful completion of a 42 minimum of 500 hours in class study in the field of massage, bodywork and somatic therapy or successful completion of the written 43 44 examination offered by The National Certification Board for 45 Therapeutic Massage and Bodywork or a substantially equivalent examination approved by the committee to determine the applicant's 46

- 1 competence to practice massage, bodywork and somatic therapies.
- 2 The successful completion of any such examination may have been

3 accomplished before the effective date of this bill.

- 4 As provided in the bill, nothing in this act shall be construed to
- 5 prohibit any person from rendering massage, bodywork and somatic
- 6 therapy services, provided that person shall not be identified by the
- 7 titles "massage, bodywork and somatic therapist," "registered massage,
- 8 bodywork and somatic therapist," "licensed massage, bodywork and
- 9 somatic therapist," or the abbreviations "MBT," "RMBT," "LMBT,"
- 10 "LOBT" or "LMT" unless licensed to practice massage, bodywork and
- 11 somatic therapy under the provisions of the bill.

### SENATE COMMERCE COMMITTEE

### STATEMENT TO

### **SENATE, No. 1047**

with committee amendments

## STATE OF NEW JERSEY

#### DATED: JUNE 15, 1998

The Senate Commerce Committee reports favorably and with committee amendments Senate Bill No. 1047.

As amended, this bill, to be known as the "Massage, Bodywork and Somatic Therapist Licensing Act," provides for the licensure of massage, bodywork and somatic therapists and establishes a Massage, Bodywork and Somatic Therapy Examining Committee under the New Jersey Board of Nursing. The committee shall consist of six residents of this State who shall be appointed by the Governor with the advice and consent of the Senate. The six committee members shall be licensed massage, bodywork and somatic therapists who have been actively engaged in the practice of massage, bodywork and somatic therapies in the State for at least five years immediately preceding their appointment, except that the committee shall not have at any one time more than two members who practice a particular method and manner of treatment of massage, bodywork and somatic therapies.

The bill provides for the regulation and licensing of massage, bodywork and somatic therapists, and establishes requirements and standards for licensure. The bill defines massage, bodywork and somatic therapies as systems of activity of structured touch which include, but are not limited to, holding, applying pressure, positioning and mobilizing soft tissue of the body by manual technique and use of visual, kinesthetic, auditory and palpating skills to assess the body for purposes of applying therapeutic massage, bodywork or somatic principles. Such application may include, but is not limited to, the use of therapies such as heliotherapy or hydrotherapy, the use of moist hot and cold external applications, external application of herbal or topical preparations not classified as prescription drugs, explaining and describing myofascial movement, self-care and stress management as it relates to massage, bodywork and somatic therapies. Massage, bodywork and somatic therapy practices are designed to affect the energetic system of the body for the purpose of promoting and maintaining the health and well-being of the client. Massage, bodywork and somatic therapies do not include the diagnosis or treatment of illness, disease, impairment or disability.

The bill also provides that to be eligible for licensure as a massage, bodywork and somatic therapist, an applicant shall be of good moral character and submit to the committee satisfactory evidence of successful completion of a minimum of 500 hours in class study in the field of massage, bodywork and somatic therapies approved by the committee or successful completion of the written examination offered by The National Certification Board for Therapeutic Massage and Bodywork, or a substantially equivalent examination approved by the committee, to determine the applicant's competence to practice massage, bodywork and somatic therapies. The successful completion of any such examination may have been accomplished before the effective date of this bill.

For two years after the procedures are established for applying for licensure under the bill, a person who engaged in the full-time practice of massage, bodywork and somatic therapies for two years preceding the enactment date of this bill, or in the part-time practice of massage, bodywork and somatic therapies for five years preceding the enactment date of this bill, and has successfully completed a minimum of 200 hours of education or training in massage, bodywork and somatic therapies, may acquire a license to practice massage, bodywork and somatic therapies without satisfying either the education or examination requirement of the bill.

The bill requires the committee to issue a license to a person who applies and holds a valid massage, bodywork and somatic therapist license or certification issued by another state which has education and experience requirements substantially equivalent to the requirements of this bill.

As provided in the bill, nothing in this bill shall be construed to prohibit any person from rendering massage, bodywork and somatic therapy services, provided that person shall not be identified by the titles "massage, bodywork and somatic therapist," "registered massage, bodywork and somatic therapist," "licensed massage, bodywork and somatic therapist," or the abbreviations "MBT," "RMBT," "LMBT," "LOBT" or "LMT" unless licensed to practice massage, bodywork and somatic therapies under the provisions of the bill.

### STATEMENT TO

# [First Reprint] **SENATE, No. 1047**

with Senate Floor Amendments (Proposed By Senator SINAGRA)

ADOPTED: DECEMBER 10, 1998

These amendments provide for certification of massage, bodywork and somatic therapists rather than for the licensing of massage, bodywork and somatic therapists. In addition, the amendments specify the titles and abbreviations that only persons certified in accordance with the provisions of the bill may call themselves.

## LEGISLATIVE FISCAL ESTIMATE

## [Second Reprint] SENATE, No. 1047

## STATE OF NEW JERSEY 208th LEGISLATURE

DATED: JANUARY 11, 1999

Senate Bill No. 1047 (2R) of 1998 creates a Massage, Bodywork and Somatic Therapy Examining Committee under the New Jersey Board of Nursing in the Division of Consumer Affairs in the Department of Law and Public Safety. The six-member committee would be appointed by the Governor and be responsible for the certification of practitioners of massage, bodywork and somatic therapies. These therapies are defined by the bill as systems of structured touch which include, but are not limited to, holding, applying pressure, positioning and mobilizing the soft tissue of the body.

Specific duties of the committee include reviewing the qualifications of applicants for certification, overseeing the conduct of examinations, establishing standards for continuing education of therapists, and maintaining a roster of licensees. Candidates for certification would be required by the bill to have completed 500 hours of class study in a relevant therapy or an approved apprenticeship program or to pass a written examination. The bill further provides that its provisions shall not be construed to prohibit a person from rendering massage, bodywork or somatic therapy services, provided that person does not identify himself as a certified or registered therapist.

The bill provides for the issuance of biennial certificates of certification and for the payment of certification application and renewal fees. Although the bill does not specify the amount of these fees, existing State law would allow the committee, as a component of the New Jersey Board of Nursing, to establish these fees at an amount sufficient to defray its proper expenses. The bill would take effect six months after its enactment.

The Division of Consumer Affairs informally estimated, in connection with a similar version of this bill introduced in the prior legislative session, that approximately 3,000 therapists would be certified under the bill, based on information provided by the National Certification Board of Therapeutic Massage and Bodywork. Based on

experience with implementing similar programs, the division estimated that the program created by that bill would not become operational until the third year after enactment. The division estimated that approximately \$50,000 per year would be required in the first two years as the certification process is phased in. This amount includes approximately \$23,000 in salaries and fringe benefits for an executive director (one day a week) and principal clerk (10.5 hours a week) and \$27,000 for other administrative costs. The division estimated that the examining committee's costs of implementation would climb to \$316,000 in the third year, primarily through the addition of a full time data entry clerk and payment for legal, enforcement and other services. The Office of Legislative Services (OLS) concurs with the division's estimate of the full operational cost of this certification program. However, OLS observes that two years appears to be an inordinately long startup period for this program, particularly considering that this bill's delayed effective date allows an additional six months for preparation.

Consequently, OLS estimates that this program should be operational in the second year after the bill's effective date. Based on the division's projection of 3,000 certified therapists, OLS estimates that a biennial certification and certification renewal fee of approximately \$210 will be required to defray program costs in the second year and beyond. Fees received as the program is phased-in should be adequate to cover the examining committee's startup costs in the first year.

This legislative fiscal estimate has been produced by the Office of Legislative Services due to the failure of the Executive Branch to respond to our request for a fiscal note.

This fiscal estimate has been prepared pursuant to P.L.1980, c.67.

# [Second Reprint] SENATE, No. 1047 STATE OF NEW JERSEY 208th LEGISLATURE

INTRODUCED MAY 14, 1998

Sponsored by: Senator JACK SINAGRA District 18 (Middlesex) Senator JOHN A. LYNCH District 17 (Middlesex, Somerset and Union)

#### SYNOPSIS

"Massage, Bodywork and Somatic Therapist Certification Act."

### **CURRENT VERSION OF TEXT**

As amended by the Senate on December 10, 1998.



AN ACT providing for the <sup>2</sup>[licensing] <u>certification</u><sup>2</sup> of massage, 1 bodywork and somatic therapists and supplementing P.L.1947, 2 3 c.262 (C.45:11-23 et seq.). 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State of New Jersey: 6 7 8 1. This act shall be known and may be cited as the "Massage, Bodywork and Somatic Therapist <sup>2</sup>[Licensing] Certification<sup>2</sup> Act." 9 10 2. The Legislature finds and declares that: 11 a. the public interest requires the <sup>2</sup>[regulation of the practice of 12 massage, bodywork and somatic therapies and the ]<sup>2</sup> establishment of 13 clear <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> standards for massage, bodywork and 14 somatic therapists; 15 16 b. the health and welfare of the citizens of this State will be protected by identifying to the public those individuals who are 17 <sup>2</sup>[best]<sup>2</sup> qualified to <sup>2</sup>[practice massage, bodywork and somatic 18 therapies] call themselves massage, bodywork and somatic therapists<sup>2</sup>; 19 20 and 21 c. the regulation of massage, bodywork and somatic therapists will 22 benefit the public by encouraging it to take advantage of massage, 23 bodywork and somatic therapies as a viable complement to traditional 24 medicine. 25 3. As used in this act: 26 "Board" means the New Jersey Board of Nursing. 27 "Committee" means the Massage, Bodywork and Somatic Therapy 28 Examining Committee established pursuant to section  ${}^{2}$  [5]  $\underline{4}^{2}$  of this 29 30 act. "Licensee" means any person who holds a <sup>2</sup>[license to practice 31 massage, bodywork and somatic therapies ] <u>certification</u><sup>2</sup> pursuant to 32 33 the provisions of this act. "Massage, bodywork and somatic therapist" means a person 34 <sup>2</sup>[licensed to practice massage, bodywork and somatic therapies] 35 <u>certified</u><sup>2</sup> pursuant to the provisions of this act. 36 37 "Massage, bodywork and somatic therapies" or "massage, bodywork and somatic" means systems of activity of structured touch 38 which include, but are not limited to, holding, applying pressure, 39 positioning and mobilizing soft tissue of the body by manual technique 40 EXPLANATION - Matter enclosed in bold-faced brackets [thus] in the above bill is not

enacted and intended to be omitted in the law.

Matter underlined thus is new matter.

Matter enclosed in superscript numerals has been adopted as follows:

Senate SCM committee amendments adopted June 15, 1998.

<sup>&</sup>lt;sup>2</sup> Senate floor amendments adopted December 10, 1998.

and use of visual, kinesthetic, auditory and palpating skills to assess 1 2 the body for purposes of applying therapeutic massage, bodywork or 3 somatic principles. Such application may include, but is not limited to, 4 the use of therapies such as heliotherapy or hydrotherapy, the use of moist hot and cold external applications, external application of herbal 5 or topical preparations not classified as prescription drugs, 6 <sup>1</sup>[movement and neural] <u>explaining and describing</u> <sup>1</sup> myofascial 7 <sup>1</sup>[education] <u>movement</u><sup>1</sup>, <sup>1</sup>[and education in]<sup>1</sup> self-care and stress 8 management <sup>1</sup>as it relates to massage, bodywork and somatic 9 therapies<sup>1</sup>. Massage, bodywork and somatic therapy practices are 10 designed to affect the energetic system of the body for the purpose of 11 12 promoting and maintaining the health and well-being of the client. 13 Massage, bodywork and somatic therapies do not include the diagnosis 14 or treatment of illness, disease, impairment or disability. 15

16 <sup>2</sup>[4. Nothing in this act shall be construed to prohibit any person 17 licensed to practice in this State under any other law from engaging in 18 the practice for which he is licensed or to prohibit any student enrolled 19 in a program of massage, bodywork and somatic therapies recognized 20 by the committee from performing massage, bodywork and somatic 21 therapies which is necessary to his course of study.]<sup>2</sup>

22

<sup>2</sup>[5.]  $\underline{4.}^{2}$  a. There is created within the Division of Consumer 23 Affairs in the Department of Law and Public Safety, under the New 24 25 Jersey Board of Nursing, a Massage, Bodywork and Somatic Therapy Examining Committee. The committee shall consist of six members 26 who are residents of the State and are <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> massage, 27 28 bodywork and somatic therapists who have been actively engaged in 29 the practice of massage, bodywork and somatic therapies in this State 30 for at least five years immediately preceding their appointment, except 31 that the committee shall not have at any one time more than two members who practice a particular method and manner of treatment of 32 33 massage, bodywork and somatic therapies.

b. For a period of one year after the effective date of this act and notwithstanding any other provisions of this act to the contrary, the first six massage, bodywork and somatic therapists appointed as members of the committee shall not be required, at the time of their first appointment, to be <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> to practice massage, bodywork and somatic therapies.

c. The Governor shall appoint each committee member with the
advice and consent of the Senate. The Governor shall appoint each
member for a term of three years, except that of the members first
appointed, two shall serve for terms of three years, two shall serve for
terms of two years and two shall serve for a term of one year. Each
member shall hold office until his successor has been qualified. Any
vacancy in the membership of the committee shall be filled for the

unexpired term in the manner provided for the original appointment. 1 2 No member of the committee may serve more than two successive terms in addition to any unexpired term to which he has been 3 4 appointed. 5 <sup>2</sup>[6.] <u>5.</u><sup>2</sup> The members of the committee shall serve without 6 compensation. Members shall be reimbursed by the State Treasurer 7 8 for their actual expenses arising out of their service on the committee. All reimbursements shall be paid from the revenues of the board. 9 10 <sup>2</sup>[7.] <u>6.</u><sup>2</sup> The committee shall annually elect from among its 11 members a chairman and a vice-chairman and may appoint a secretary, 12 who need not be a member of the committee. The committee shall 13 14 meet at least twice per year and may hold additional meetings as necessary to discharge its duties. 15 16 <sup>2</sup>[8.] <u>7.</u><sup>2</sup> The committee shall: 17 Review the qualifications of applicants for <sup>2</sup>[licensure] 18 a. <u>certification</u><sup>2</sup>; 19 b. Insure the proper conduct and standards of examinations; 20 c. Issue and renew <sup>2</sup>[licenses] <u>certificates of certification</u><sup>2</sup> to 21 massage, bodywork and somatic therapists pursuant to this act; 22 d. Suspend, revoke or fail to renew the <sup>2</sup>[license] <u>certificate of</u> 23 certification<sup>2</sup> of a massage, bodywork and somatic therapist pursuant 24 25 to the provisions of P.L.1978, c.73 (C.45:1-14 et seq.); e. Establish any standards for the continuing education of licensees 26 27 as it deems necessary; f. Prescribe or change the charges for examinations, <sup>2</sup>[licensures] 28 certifications<sup>2</sup>, renewals and other services performed pursuant to 29 P.L.1974, c.46 (C.45:1-3.1 et seq.); and 30 g. Maintain a record of every massage, bodywork and somatic 31 therapist <sup>2</sup>[licensed] <u>certified</u><sup>2</sup> in this State, and the date and number 32 of his <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup>, and publish a list of the 33 names and addresses of all licensees annually. 34 35 <sup>2</sup>[9.] <u>8.</u><sup>2</sup> To be eligible for <sup>2</sup>[licensure] <u>certification</u> <sup>2</sup> as a 36 massage, bodywork and somatic therapist, an applicant shall <sup>1</sup>be of 37 38 good moral character and<sup>1</sup> submit to the committee satisfactory 39 evidence of: 40 a. Successful completion of a minimum of 500 hours in class study in the field of massage, bodywork and somatic therapies <sup>1</sup>approved by 41 the committee<sup>1</sup>; or 42 b. Successful completion of the written examination offered by The 43 National Certification Board for Therapeutic Massage and Bodywork 44 45 or a substantially equivalent examination approved by the committee

to determine the applicant's competence to <sup>2</sup>[practice massage,
bodywork and somatic therapies] <u>call himself a massage, bodywork</u>
<u>and somatic therapist</u><sup>2</sup>. The successful completion of any such
examination may have been accomplished before the effective date of
this act.

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<sup>2</sup>[10.] <u>9.</u><sup>2</sup> For 720 days after the date procedures are established 7 by the committee for applying for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> under 8 section <sup>2</sup>[9]  $\underline{8}^2$  of this act, any person who engaged in the full-time 9 practice, as determined by the committee, of massage, bodywork and 10 somatic therapies for two years preceding the enactment date of this 11 act, or <sup>1</sup>[any person who engaged]<sup>1</sup> in the part-time practice, as 12 determined by the committee, of massage, bodywork and somatic 13 therapies for five years preceding the enactment date of this act, <sup>1</sup>[or 14 any person who] and<sup>1</sup> has successfully completed <sup>1</sup>[1,000 hours in the 15 16 practice of massage, bodywork and somatic therapies with]<sup>1</sup> a minimum <sup>1</sup>[completion]<sup>1</sup> of 200 hours of education or training in 17 18 massage, bodywork and somatic therapies as determined by the 19 committee, may acquire a <sup>2</sup>[license to practice massage, bodywork and somatic therapies] certificate of certification<sup>2</sup> without satisfying 20 <sup>1</sup><u>either</u><sup>1</sup> the <sup>1</sup>[requirements] <u>education or examination requirement</u><sup>1</sup> 21 of section  ${}^{2}[9] \underline{8}^{2}$  of this act. 22

23

<sup>2</sup>[11.]  $10.^{2}$  A fee to be determined by the committee shall 24 accompany each application for <sup>2</sup>[licensure]  $certification^{2}$ . 25 <sup>2</sup>[Licenses] <u>Certificates of certification</u><sup>2</sup> shall expire biennially and 26 may be renewed upon submission of a renewal application provided by 27 the board and payment of a fee. If the renewal fee is not paid by that 28 date, the <sup>2</sup>[license] <u>certificate of certification</u> <sup>2</sup> shall automatically 29 expire, but may be renewed within two years of its expiration date on 30 31 payment to the board of a sum determined by the committee for each year or part thereof during which the <sup>2</sup>[license] <u>certificate of</u> 32  $\underline{\operatorname{certification}}^{\mathbf{2}}$  was expired and an additional restoration fee. After a 33 two-year period, a <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> may only be 34 renewed by complying with the provisions of this act regarding initial 35 <sup>2</sup>[licensure] <u>certification</u><sup>2</sup>. 36

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<sup>2</sup>[12.] <u>11.</u><sup>2</sup> The committee shall issue a <sup>2</sup>[license] <u>certificate of</u> <u>certification</u><sup>2</sup> to each applicant for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> as a massage, bodywork and somatic therapist who qualifies pursuant to this act and any rules and regulations promulgated by the board and who is not disqualified for <sup>2</sup>[licensure] <u>certification</u><sup>2</sup> pursuant to the provisions of P.L.1978, c.73 (C.45:1-14 et seq.).

<sup>2</sup>[13.] <u>12.</u><sup>2</sup> Upon payment to the board of a fee and the submission 1 of a written application on forms provided by it, the committee shall 2 issue without examination a <sup>2</sup>[license] <u>certificate of certification</u><sup>2</sup> to 3 a massage, bodywork and somatic therapist who holds a valid license 4 5 or certification issued by another state or possession of the United States or the District of Columbia which has education and experience 6 7 requirements substantially equivalent to the requirements of this act; 8 provided, however, that the applicant has not previously failed any examination referred to in section  ${}^{2}[9] \underline{8}^{2}$  of this act that is approved 9 by the committee, in which case <sup>2</sup>[licensing] the granting of 10 <u>certification</u><sup>2</sup> shall be at the discretion of the committee. 11

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<sup>2</sup>[14.] <u>13.</u><sup>2</sup> Nothing in this act shall be construed to prohibit any 13 person from rendering massage, bodywork and somatic therapy 14 services, provided that person shall not be identified by the titles 15 16 "massage, bodywork and somatic therapist," "registered massage, bodywork and somatic therapist,"<sup>2</sup>["licensed massage, bodywork and 17 somatic therapist," <u>"certified massage, bodywork and somatic</u> 18 therapist," "certified massage therapist,"<sup>2</sup> or the abbreviations "MBT," 19 "RMBT," **<sup>2</sup>[**"LMBT," "LOBT," "LMT"**]** <u>"CMBT," "COBT," "CMT"</u><sup>2</sup> 20 unless <sup>2</sup>[licensed to practice massage, bodywork and somatic 21 therapies]  $\underline{\text{certified}}^2$  under the provisions of this act. 22

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<sup>2</sup>[15.] 14.<sup>2</sup> Any person who holds a <sup>2</sup>[license] certificate of 24 certification<sup>2</sup> as a massage, bodywork and somatic therapist pursuant 25 26 to this act may use the title "massage, bodywork and somatic therapist" or <sup>2</sup>["licensed massage, bodywork and somatic therapist,"] 27 "certified massage, bodywork and somatic therapist"<sup>2</sup> or the 28 abbreviations "MBT," <sup>2</sup>["LMBT," "LOBT"or "LMT."] <u>"CMBT,"</u> 29 "COBT," or "CMT."<sup>2</sup> Every holder of a <sup>2</sup>[license] <u>certificate of</u> 30 certification<sup>2</sup> shall display it in a conspicuous place in his principal 31 32 office, place of business or employment.

- <sup>2</sup>[16.] <u>15.</u><sup>2</sup> The board, after consultation with the committee, shall
  adopt rules and regulations pursuant to the "Administrative Procedure
  Act," P.L.1968, c.410 (C.52:14B-1 et seq.) necessary to effectuate
  the purposes of this act.
- 38

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<sup>2</sup>[17.] <u>16.</u><sup>2</sup> This act shall take effect on the 180th day after
 enactment.

## SENATE, No. 533

# STATE OF NEW JERSEY

## **208th LEGISLATURE**

INTRODUCED FEBRUARY 23, 1998

Sponsored by: Senator JACK SINAGRA District 18 (Middlesex) Senator JOHN A. LYNCH District 17 (Middlesex, Somerset and Union)

#### SYNOPSIS

"Massage, Bodywork and Somatic Therapist Licensing Act."

CURRENT VERSION OF TEXT Withdrawn.



(Sponsorship Updated As Of: 2/24/1998)

1 AN ACT providing for the licensing of massage, bodywork and somatic 2 therapists and supplementing P.L.1947, c.262 (C.45:11-23 et seq.). 3 4 **BE IT ENACTED** by the Senate and General Assembly of the State 5 of New Jersey: 6 7 1. This act shall be known and may be cited as the "Massage, 8 Bodywork and Somatic Therapist Licensing Act." 9 2. The Legislature finds and declares that: the public interest 10 requires the regulation of the practice of massage, bodywork and 11 somatic therapies and the establishment of clear licensure standards for 12 13 massage, bodywork and somatic therapists; the health and welfare of 14 the citizens of this State will be protected by identifying to the public those individuals who are best qualified to practice massage, 15 bodywork and somatic therapies; and the regulation of massage, 16 17 bodywork and somatic therapists will benefit the public by 18 encouraging it to take additional advantage of massage, bodywork and 19 somatic therapies as a viable complement to traditional medicine. 20 21 3. As used in this act: 22 "Board" means the New Jersey Board of Nursing. 23 "Committee" means the Massage, Bodywork and Somatic Therapy 24 Examining Committee established pursuant to section 5 of this act. 25 "Licensee" means any person who holds a license to practice 26 massage, bodywork and somatic therapies pursuant to the provisions 27 of this act. 28 "Massage, bodywork and somatic therapist" means a person 29 licensed to practice massage, bodywork and somatic therapies 30 pursuant to the provisions of this act. "Massage, bodywork and somatic therapies" or "massage, 31 32 bodywork and somatic" means systems of activity of structured touch which include, but are not limited to, holding, applying pressure, 33 positioning and mobilizing soft tissue of the body by manual technique 34 and use of visual, kinesthetic, auditory and palpating skills to assess 35 36 the body for purposes of applying therapeutic massage, bodywork or 37 somatic principles. Such application may include, but is not limited to, 38 the use of therapies such as heliotherapy or hydrotherapy, the use of 39 moist hot and cold external applications, external application of herbal 40 or topical preparations not classified as prescription drugs, movement 41 and neural myofascial education, and education in self-care and stress 42 management. Massage, bodywork and somatic therapy practices are 43 designed to affect the energetic system of the body for the purpose of 44 promoting and maintaining the health and well-being of the client. 45 Massage, bodywork and somatic therapies do not include the diagnosis or treatment of illness, disease, impairment or disability. 46

4. Nothing in this act shall be construed to prohibit any person
 licensed to practice in this State under any other law from engaging in
 the practice for which he is licensed or to prohibit any student enrolled
 in a program of massage, bodywork and somatic therapies recognized
 by the committee from performing massage, bodywork and somatic
 therapies which is necessary to his course of study.

7

5. a. There is created within the Division of Consumer Affairs in 8 the Department of Law and Public Safety, under the New Jersey Board 9 10 of Nursing, a Massage, Bodywork and Somatic Therapy Examining Committee. The committee shall consist of six members who are 11 residents of the State and are licensed massage, bodywork and somatic 12 therapists who have been actively engaged in the practice of massage, 13 14 bodywork and somatic therapies in this State for at least five years 15 immediately preceding their appointment, except that the committee shall not have at any one time more than two members who practice 16 a particular method and manner of treatment of massage, bodywork 17 and somatic therapies. 18

b. For a period of one year after the effective date of this act and
notwithstanding any other provisions of this act to the contrary, the
first six massage, bodywork and somatic therapists appointed as
members of the committee shall not be required, at the time of their
first appointment, to be licensed to practice massage, bodywork and
somatic therapies.

25 c. The Governor shall appoint each committee member with the 26 advice and consent of the Senate. The Governor shall appoint each 27 member for a term of three years, except that of the members first 28 appointed, two shall serve for terms of three years, two shall serve for 29 terms of two years and two shall serve for a term of one year. Each 30 member shall hold office until his successor has been qualified. Any 31 vacancy in the membership of the committee shall be filled for the 32 unexpired term in the manner provided for the original appointment. 33 No member of the committee may serve more than two successive 34 terms in addition to any unexpired term to which he has been appointed. 35

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6. The members of the committee shall serve without
compensation. Members shall be reimbursed by the State Treasurer
for their actual expenses arising out of their service on the committee.
All reimbursements shall be paid from the revenues of the board.

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The committee shall annually elect from among its members a
chairman and a vice-chairman and may appoint a secretary, who need
not be a member of the committee. The committee shall meet at least
twice per year and may hold additional meetings as necessary to
discharge its duties.

1 8. The committee shall: 2 a. Review the qualifications of applicants for licensure; 3 b. Insure the proper conduct and standards of examinations; 4 c. Issue and renew licenses to massage, bodywork and somatic 5 therapists pursuant to this act; d. Suspend, revoke or fail to renew the license of a massage, 6 bodywork and somatic therapist pursuant to the provisions of 7 8 P.L.1978, c.73 (C.45:1-14 et seq.); e. Establish any standards for the continuing education of licensees 9 10 as it deems necessary; f. Prescribe or change the charges for examinations, licensures, 11 renewals and other services performed pursuant to P.L.1974, c.46 12 (C.45:1-3.1 et seq.); and 13 14 g. Maintain a record of every massage, bodywork and somatic 15 therapist licensed in this State, and the date and number of his license, and publish a list of the names and addresses of all licensees annually. 16 17 18 9. To be eligible for licensure as a massage, bodywork and somatic therapist, an applicant shall submit to the committee satisfactory 19 20 evidence of: 21 a. Successful completion of a minimum of 500 hours in class study 22 in the field of massage, bodywork and somatic therapies; and b. (1) Successful completion of the written examination offered by 23 24 The National Certification Board for Therapeutic Massage and 25 Bodywork or a substantially equivalent examination approved by the 26 committee to determine the applicant's competence to practice 27 massage, bodywork and somatic therapies. The successful completion 28 of any such examination may have been accomplished before the 29 effective date of this act; or 30 Successful completion of an apprenticeship program as (2)approved by the committee. 31 32 33 10. For 720 days after the date procedures are established by the 34 committee for applying for licensure under section 9 of this act, any person who engaged in the full-time practice, as determined by the 35 committee, of massage, bodywork and somatic therapies for two years 36 preceding the enactment date of this act, or any person who engaged 37 38 in the part-time practice, as determined by the committee, of massage, 39 bodywork and somatic therapies for five years preceding the 40 enactment date of this act, or any person who has completed 41 successfully 1,000 hours in the practice of massage, bodywork and somatic therapies with a minimum completion of 200 hours of 42 43 education or training in massage, bodywork and somatic therapies as 44 determined by the committee, may acquire a license to practice 45 massage, bodywork and somatic therapies without satisfying the requirements of section 9 of this act. 46

1 11. A fee to be determined by the committee shall accompany each 2 application for licensure. Licenses shall expire biennially and may be 3 renewed upon submission of a renewal application provided by the 4 board and payment of a fee. If the renewal fee is not paid by that date, the license shall automatically expire, but may be renewed within two 5 6 years of its expiration date on payment to the board of a sum 7 determined by the committee for each year or part thereof during 8 which the license was expired and an additional restoration fee. After 9 a two-year period, a license may only be renewed by complying with the provisions of this act regarding initial licensure. 10

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12. The committee shall issue a license to each applicant for 12 licensure as a massage, bodywork and somatic therapist who qualifies 13 14 pursuant to this act and any rules and regulations promulgated by the 15 board and who is not disqualified for licensure pursuant to the provisions of P.L.1978, c.73 (C.45:1-14 et seq.). 16

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18 13. Upon payment to the board of a fee and the submission of a 19 written application on forms provided by it, the committee shall issue 20 without examination a license to a massage, bodywork and somatic 21 therapist who holds a valid license or certification issued by another 22 state or possession of the United States or the District of Columbia which has education and experience requirements substantially 23 equivalent to the requirements of this act; provided, however, the 24 25 applicant has not previously failed any examination referred to in 26 section 9 of this act that is approved by the committee, in which case 27 licensing shall be at the discretion of the committee.

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29 14. Nothing in this act shall be construed to prohibit any person 30 from rendering massage, bodywork and somatic therapy services, provided that person shall not be identified by the titles "massage, 31 bodywork and somatic therapist," "registered massage, bodywork and 32 somatic therapist," "licensed massage, bodywork and somatic 33 therapist," or the abbreviations "MBT," "RMBT," "LMBT," "LOBT," 34 "LMT" unless licensed to practice massage, bodywork and somatic 35 therapies under the provisions of this act. 36

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15. Any person who holds a license as a massage, bodywork and 38 39 somatic therapist pursuant to this act may use the title "massage, 40 bodywork and somatic therapist" or "licensed massage, bodywork and 41 somatic therapist," or the abbreviations "MBT," "LMBT," "LOBT" or "LMT." Every holder of a license shall display it in a conspicuous 42 43 place in his principal office, place of business or employment. 44

45 16. The board, after consultation with the committee, shall adopt rules and regulations pursuant to the "Administrative Procedure Act," 46

P.L.1968, c.410 (C.52:14B-1 et seq.) necessary to effectuate the
 purposes of this act.

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4 17. (New section) This act shall take effect on the 180th day after5 enactment.

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#### STATEMENT

10 This bill provides for the licensure of massage, bodywork and somatic therapists and establishes a Massage, Bodywork and Somatic 11 Therapy Examining Committee under the New Jersey Board of 12 Nursing. The committee shall consist of six residents of this State who 13 14 shall be appointed by the Governor with the advice and consent of the 15 Senate. The committee is to consist of licensed massage, bodywork and somatic therapists who have been actively engaged in the practice 16 of massage, bodywork and somatic therapies in the State for at least 17 18 five years immediately preceding their appointment, except that the 19 committee shall not have at any one time more than two members who 20 practice a particular method and manner of treatment of massage, 21 bodywork and somatic therapies.

22 The bill provides for the regulation and licensing of massage, bodywork and somatic therapists, and establishes requirements and 23 24 standards for licensure. The bill defines massage, bodywork and 25 somatic therapy as systems of activity of structured touch which 26 include, but are not limited to, holding, applying pressure, positioning 27 and mobilizing soft tissue of the body by manual technique and use of 28 visual, kinesthetic, auditory and palpating skills to assess the body for 29 purposes of applying therapeutic massage, bodywork or somatic 30 principles. Such application may include, but is not limited to, the use 31 of therapies such as heliotherapy or hydrotherapy, the use of moist hot 32 and cold external applications, external application of herbal or topical 33 preparations not classified as prescription drugs, movement and neural 34 myofascial education, and education in self-care and stress management. Massage, bodywork and somatic therapy practices are 35 designed to affect the energetic system of the body for the purpose of 36 promoting and maintaining the health and well-being of the client. 37

38 The bill also provides that to be eligible for licensure as a massage, 39 bodywork and somatic therapist, an applicant shall submit to the 40 committee satisfactory evidence of: successful completion of a 41 minimum of 500 hours in class study in the field of massage, bodywork 42 and somatic therapy; and either (1) successful completion of the written examination offered by The National Certification Board for 43 44 Therapeutic Massage and Bodywork or a substantially equivalent 45 examination approved by the committee, to determine the applicant's competence to practice massage, bodywork and somatic therapies; or 46

1 (2) successful completion of an apprenticeship program as approved

2 by the committee. The successful completion of any such examination

3 may have been accomplished before the effective date of this bill.

4 As provided in the bill, nothing in this act shall be construed to 5 prohibit any person from rendering massage, bodywork and somatic therapy services, provided that person shall not be identified by the 6 7 "massage, bodywork and somatic therapist," "registered titles massage, bodywork and somatic therapist," "licensed massage, 8 9 bodywork and somatic therapist," or the abbreviations "MBT," "RMBT," "LMBT," "LOBT" or "LMT" unless licensed to practice 10 massage, bodywork and somatic therapy under the provisions of the with 11 12 bill.

WITHDRAWN